

COMMUNITY CONNECTOR

A newsletter for people in Darnall, Tinsley, Attercliffe and Handsworth



Darnall Light Lunch Club p4

Connector. As the days get longer and the weather warms up there's lots happening in the Darnall, Tinsley, Attercliffe and Handsworth areas for everyone to get involved in. In this issue, we've teamed up with Shelter to bring you the first of a series of articles relating to housing issues (p17) and there's a piece about Ramadan linked to health (p15). Plus the Economic Recovery Fund and what it means for Darnall (p10-11). There's so much happening!

We also include lots of useful information about Welcome Places as well as health information. We always welcome new content - please get in touch if you have something you'd like us to share next time - we'd love to hear your views and feedback.

Send your news, stories and information to: communityconnectordarnall@gmail.com

If you need a large print version of the newsletter, please contact us at the email address above, and we will provide one.

2024 সালের বসন্তে স্বাগতম! এই নিউজলেটারে আমাদের এলাকায় উপলব্ধ কার্যক্রম এবং সহায়তার বিশদ বিবরণ রয়েছে, এবং পিছনের পৃষ্ঠায় এই অঞ্চলে বিনামূল্যে, উষ্ণ, স্বাগত জানানোর জায়গাগুলি সম্পর্কেও তথ্য রয়েছে।

Vitajte na jar 2024! Tento bulletin obsahuje informácie o dostupných službách, pomoci a aktivitách vo vašom okolí. Informácie o miestnych bezplatných uvítacích miestach 'Welcome Places' nájdete na zadnej strane.

Ku soo dhawaada gu'ga 2024! Warsidahani waxa uu ka kooban yahay tafaasiisha hawlaha iyo taageerada laga heli karo degaankayaga, waxaana boga danbe ku yaal macluumaad ku saabsan meelaha lagu soo dhaweeyo ee bilaashka ah, iyo soo dhaweyn diiran.

This newsletter has been published and distributed thanks to funding and support from:







Funded by Sheffield City Council's Economic Recovery Fund



The Team out in the local community

Darnall & Tinsley Neighbourhood Policing Team have had a busy start to 2024 with some great proactive work around vehicle crime in the Attercliffe and Darnall areas. Patrols, engagement and intelligence development led us to the arrest and remand of a local male for auto crime and burglary offences. We are pleased to report that there has been a reduction in reported offences since this arrest, which is a fantastic result. The team remain focused on providing a visible presence around this, but remind residents to remain vigilant and report anything suspicious. Please ensure homes and vehicles are left secure, with items of value removed from vehicles.

The team has also recently taken part in a Neighbourhood Week of Action. Great to see so many members of the community at our Police events with lots of great questions asked. Check out our website, Facebook or Twitter for more engagement events.

https://www.southyorks.police.uk/find-out/your-neighbourhood-policing-team/

sheffield-south-east/

X: @SheffSE_NPT Facebook: Sheffield South East NPT







Mobile Catering Opportunities Across The City



We work with some fantastic Mobile Caterers, who are providing a much-loved service to park users across Sheffield, but we'd really love to see more!

We're keen to see a variety of Caterers in locations across the city and are open to discussing new opportunities and proposals.

The new pitches will be offered on a trial basis (start date to be confirmed) for a maximum term of 12 months. Following the 12 month trial, there will be an opportunity to tender for a new licence if the facility has been successful.

The daily pitch fee is specific to each site and the menu being offered. If you're interested, please send a short description of your business, your preferred location, the proposed menu and an image of your vehicle to parksandcountryside@sheffield.gov.uk





South Yorkshire Police and Crime Commissioner

Each year, the Police and Crime Commissioner (PCC) for South Yorkshire, Dr Alan Billings, asks the public for their views on policing priorities and whether they would pay more for policing through the council tax precept. This year 3,886 residents



responded to the survey. Overwhelmingly, respondents said that they are in favour of paying a little more for policing in the coming year. Residents were asked to choose how much more they would be willing to pay:

- 1,618 (57%) said they would be willing to pay up to £15 more per year
- 740 (26%) said they would be willing to pay a rise in line with inflation
- 498 (17.44%) said they would not want to pay any more

The top three areas of policing that residents would like to see prioritised are:

- Dealing with neighbourhood crime (anti-social behaviour, burglary, car theft and robbery)
- Visible patrolling and engaging with communities
- Tackling child sexual exploitation

Want to know more about the work of the Police and Crime Commissioner? Sign up to receive our newsletter and the PCC's blog via lnfo@southyorkshire-pcc.gov.uk

Tinsley Life

Tinsley Community Allotment

Tinsley Community Allotment run sessions at the allotment based at the back of the Tinsley One Stop Shop. The sessions take place on a Friday between 11am and 1pm. We offer various sessions including school visits, a toddler group, a carers' group and themed activity days. We offer open days in the holidays to encourage new people to the allotment site, introducing them to the benefits of growing and tasting organic food as well as joining in with vibrant, diverse, community

events in an area that is limited in such opportunities for the local residents. This year we have continued to develop collaborations with other organisations including Tinsley Forum, Tinsley Library, Manor and Castle Development Trust, Darnall Well Being, Tinsley Meadows Primary School, British Land (Meadowhall), Tinsley Caring Hands and Heart, Sheffield Library Service and Sheffield Abundance.



Having fun on the allotment

For further details of the allotment contact tinsleyallotment@gmail.com or pop up and see us at the allotment on Friday between 11am and 1pm. For details of carers' activities pop into Tinsley Library and ask for Nusrat.

Easter activities at Tinsley Library

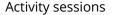
Children's activities include:

Easter Egg hunt, Easter Egg decorating, Easter raffle, board games, crafts and activities on Tuesday 2 April noon-2pm and Thursday 4 April noon-2pm

Over 60s activities:

Easter party and quiz on Thursday 25 April 1pm–4pm







Tinsley Green 'Kick Pitch'

Sheffield City Council led the recent consultation about the Tinsley Green 'Kick Pitch'. The aim was to identify potential changes to the outdoor activity space in Tinsley Green, to make it a more welcoming and enjoyable space, to find out how people feel about the current space and learn what improvements could be made to make this project work in your local park.

An online survey returned 88 responses, with a further 100+ community members also engaged through in-person events, most notably a Youth Focus Group at Tinsley Forum, a Chair-Group at Tinsley Community Centre, and outreach discussion on the Kick Pitch itself.

Local residents want to see:

- Improvement to the area to ensure more people can use it safely
- Repairs to the surface, fencing and removal of debris is essential
- Preference for future developments to include a multi-sport offer, enabling football, basketball and cricket recreational play. This could be achieved through new goal-ends for the space and line markings.
- Interest in cycle storage, to allow more people to access the site via bicycle

The Sport, Leisure and Events team will now look to use this feedback to formulate a development plan for the space, which we hope will be implemented later this year.



Darnall Life

St Albans House Christian Community

Also known as Attercliffe and Darnall Centre of Mission, we are based at St Albans Church, 20 Chapelwood Road, Darnall, S9 5AY. For more information see our social media pages or contact kinder.kalsi@churcharmy.org

Easter is an important time of the year for Christians – where we remember Jesus' death and resurrection, and all that this means for us in our daily lives. Easter is a time of celebrating life, renewed hope and the eternal promise of God's presence in the world. We will be celebrating Easter Sunday by watching the sunrise on Easter morning at 6.30am.















@attercliffecofm

Church of Christ in Darnall with St Alban's Festival Church

Church of Christ, Station Road, Darnall, S9 4JT. Tel: 0114 272 6009

Facebook: https://www.facebook.com/churchofchristindarnall/

St Alban's Festival Church, 20 Chapel Wood Road, S9 5AY. Tel: 0114 249 0779

Prayer space open to all during church hours

Tuesday at Church of Christ

MHA Light Lunch Club and activities for over 55s 11am-1.30pm (first visit free, then £5) Exploring Faith Together 1.30pm-3pm

Wednesday at Church of Christ

Time Aside Toddler group 10am-11.30am (suggested donation £1.50)

Coffee & Chat and Knit & Natter 10am-noon

Thursday at St Alban's Festival Church

Coffee & Chat 10am-noon

Friday at Church of Christ

Coffee & Chat 10am-noon

Food Works 10am-1pm

Free welcome lunch (soup and roll) noon-1pm

Sunday at Church of Christ

Sunday Service at 10.15am

ESOL classes at Church of Christ, contact Family Adult Community Education (FACES) Tel 0114 229 69144

Darnall Tuesday Light Lunch Club

held at Church of Christ on Station Road goes from strength to strength!



Enjoying activities

Held from 11am-1.30pm, the solid membership of 13 ladies & gentlemen has formed a community group to resemble any close-knit family.

For £5 we deliver a hot drink on arrival, a fun filled activity and a 2-course light lunch.

Our range of personalities, abilities and ages gives us the perfect combination of care, support and interaction – with a group that will laugh and (sometimes) cry together!

We welcome any new member with warmth, compassion and of course, the kettle is on! For further information contact

Suzanne.white2@mha.org.uk or 079568 612161

Handsworth Life

St Mary's Church Handsworth

Come and join the activities at St Mary's Church, Handsworth. The garden is open on Tuesdays with a volunteer gardening session. Join in and help your mental and physical wellbeing.

Other activities in the hub are:

Play & Praise (under 3s): Mondays 9.15am-11am, £1 entry

Handsworth Museum: Mondays 2pm-4pm, donations accepted

Social Café: Tuesdays 10am-11.30am, £2 entry Community Allotment: Tuesdays noon-4pm

Toddler Group (under 3s): Wednesdays 9.30am-11am, £1 entry

Dementia Café: Wednesdays 1.30pm-3pm, £2 entry

Lunch Club (55s+): Thursdays 11.30am-1.30pm, £4 meal.

Transport £3.50

Craft & Natter: Thursdays 2pm-4pm, £3 entry



- Share healthy and fresh produce Improve physical and mental well-being Help relieve stress and anxiety
- Develop confidence and self worth

GRACE CHURCH

- Increase social contact and meet new frie
- Connect with nature
- Transform overgrown land into a productive community area

Individuals and groups are very welcome to join in No experience necessary Tools provided

Grace Church

Sunday Services: 11am-12.30pm in person or online (Facebook & YouTube) all ages welcome

Café Church: 5pm-6.30pm café style church service with free food

Good Friday Service: 29 March 7pm-8pm: A night to reflect on the sacrifice of Jesus

Easter Service: 11am-12.30pm in person or online (Facebook & YouTube) - all ages welcome

Alpha Course is a 10-week free course starting Wednesday 24 April 6pm-8pm, that explores what the Christian Faith is all about. A free dinner is included every week.

Coffee Morning every Wednesday & Friday 10am-12.30pm

Grace Tots Playgroup every Friday (term time only) 9.15am-11.30am, drop-in session.

For more information go to: gracechurchsheffield.co.uk; call 0114 293 9699; email hello@gracechurchsheffield.co.uk







Step Out Sheffield

Short social walks in and around Handsworth every Tuesday afternoon

Meet in the upstairs meeting room, Handsworth Methodist Church in time to start walking at 1.30

We offer a choice of walks from 30 minutes to an hour long. They are a fantastic way to de-stress while enjoying fresh-air, lovely scenery, and great company.

For more information about this walk or any of our other free walks explore our website: www.stepoutsheffield.co.uk or call our help line on 07505639524



Parks and Countryside Survey 2024 - tell us what you think!

As part of our commitment to maintaining and improving your **Parks, Woodlands** and **Green Spaces**, please complete our survey. It will only take about five minutes. We want to know how you use our sites and what you think of our service. Your responses will help us understand how you feel about our Parks, Woodlands

Your responses will help us understand how you feel about our Parks, Woodland and Green Spaces and help us to see what we can do to improve them in the future.

The more people who complete the survey, the more meaningful the results will be. Please make the most of this opportunity to have your say. The survey closes on 19 April.

https://haveyoursay.sheffield.gov.uk/p-and-c-customer-satisfaction/surveys/pandc-survey-2024





SAVTE (Sheffield Association for the Voluntary Teaching of English) mission began in 1974, when Sheffield's steelworkers chose to help their Yemeni colleagues learn English. This 50-year tradition of kindness continues at SAVTE, which is celebrating with a '50 for 50' fundraising challenge. Whether it's running 50km, baking 50 cakes, or reading 50 books, choose an activity you love and raise funds to support our vital mission. Please visit: justgiving.com/campaign/savte50th



Support 50 for 50





Join SAVTE's vibrant volunteer community and make a real difference in Sheffield by helping people to learn to speak English. No previous teaching experience is necessary; we provide all the expert training, resources, and support you'll need. As a conversation group volunteer, you'll create welcoming spaces for learners to improve their English and connect with their community. As a 1:1 volunteer, you'll support someone to learn the English needed for daily life in the UK. Training is friendly and volunteering with us is "Wonderful". Please visit: savte.org.uk/info

Galeed House

Are you new to Darnall? Do you want to connect with your neighbours or make new friends? Then you are welcome to our activities or to drop in, say hello and see what we have to offer. Galeed House is a place of friendship for everyone from Darnall. All our activities are free and open to all. Details on our website. We now have two English classes for women – one for complete beginners and one for intermediate level on Tuesday mornings. There is no need to apply or register for any of our activities – just come along; everyone is welcome!





Activities schedule (all activities run in term time only)

Men's English Classes: Monday and Wednesday 10am–noon. Women's English Classes: Tuesday 10am beginners, 11am intermediate learners. Women's sewing/English conversation, games and free Halal lunch: Thursday 10.30am-1.30pm. Girls club (11-16): Tuesday 5.30pm-6.30pm

Galeed House is at 75 Nidd Road S9 3BB www.galeedhouse.org.uk Tel 07710 671175

Darnall Well Being



Spring into Spring with our activities

Our activity and support groups are open to everyone in the local community. As well as more gentle exercise like **Chairobics** and **Yoga**, we also have an exciting new group - **Fun Fitness for Women**. This group meets on Tuesdays 11.30am at Darnall Primary Care Centre and enjoys a variety of exercises, led by Monika, a coach from Sheffield United Community Foundation.

Or if you want to get out for a regular walk in the Spring sunshine, why not join our **Health Walk** group in High Hazels Park? The group meets at 11am on Mondays at Darnall Primary Care Centre, before walking together in High Hazels Park and enjoying a cuppa together afterwards.

Just contact us on 0114 249 6315 or dwb.enquiries@darnallwellbeing.org.uk to find out more about any of our sessions. All of our activities are free or have a small cost.



Monday Health Walk



Tinsley Chairobics

More details about all our activities and groups on the activity schedule on our website!



https://www.darnallwellbeing.org.uk/ Please book in advance for all our activities:

Phone: 0114 249 6315 Email: dwb.enquiries@darnallwellbeing.org.uk

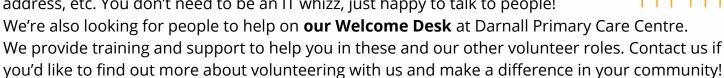


Dementia Stars qualifications

Grace Stead from Enrichment for the Elderly is going to be delivering Dementia Stars with us in September in Darnall. Would you like to do your Dementia Friends training, so that you can then take part in the Dementia Stars training? Contact our office if you want to find out more.

Volunteer with Darnall Well Being Do you like talking to people and trying to help them?

We are particularly keen to find volunteers who would like to help others with **basic digital skills**, helping them to gain confidence with going online, getting an email address, etc. You don't need to be an IT whizz, just happy to talk to people!





Are you passionate about building a community where everyone feels empowered to connect, stay well and thrive? Do you share our values and enthusiasm to help develop as a trusted and respected charity, dedicated to making a positive impact on people's lives? If so, we'd love to hear from you! If you would like the chance to join a friendly, inclusive and dedicated team of staff, volunteers and community members, please get in touch.

Previous board experience is not essential and this can be a learning opportunity for the right person. We ask trustees to commit to attending 7 meetings a year (about 20-25 hours over the year) and work with our Chair and management, to grow and strengthen the organisation. Contact us to find out more on 0114 249 6315 or dwb.admin@darnallwellbeing.org.uk.

Sheffield Olympic Legacy Park's community grants programme

Good news for community groups in the local area - the Legacy Fund is now re-open, offering funding up to £1,000 for grassroots organisations within a three mile radius of the Park.

The fund, administered by South Yorkshire's Community Foundation, is aimed at community organisations that provide services and activities helping support physical and mental health and wellbeing, and reducing social isolation.

To apply: www.sycf.org.uk/grants-to-organisations/sheffield-legacy-fund/







Sheffield Hatters fixtures at the Canon Medical Arena

Sunday 31 March v Leicester Riders at 3pm Sunday 7 April v Durham Palatinates at 3pm Sunday 21 April v London Lions at 3pm

Tickets: https://app.fanbaseclub.com/club/sheffield-hatters

Sheffield Sharks fixtures at the Canon Medical Arena

Friday 29 March v Leicester at 7.45pm Friday 12 April v Caledonia at 7.45pm Sunday 14 April v Cheshire at 3pm

Saturday 20 April v Plymouth at 8pm

Saturdays 3.30pm-6:30pm Booking essential

Tickets: https://app.fanbaseclub.com/club/sheffield-sharks

Sheffield Hallam University is asking for participants in a research project investigating ways to check blood circulation to the lower limb and foot. The objective is to test two different methods: comparing standard blood pressure assessments used in hospital and community settings with a new imaging technique - infrared video thermography which is non-touch and quick. It shows how efficient your lower limb and foot circulation responds after a simple physiological challenge. The study is part of a wider investigation to improve knowledge of the effectiveness of surgery and therapeutic interventions in opening-up constricted and blocked leg arteries in the condition peripheral arterial disease (PAD). We welcome adults, preferably aged 40+. PAD is more common in men - we particularly seek male volunteers for this study.

For information contact Professor Charmaine Childs (c.childs@shu.ac.uk) or Kevin Doyle (k.j.doyle@shu.ac.uk)

High Hazels Park Improvements Update

Planning notices for the demolition of the shelter have been put up around the park. The closest notices are on the park entrance sign (on the post) and the corner of the play area fencing.

Prior to demolition nesting birds have to be checked for in the shelter. If there are birds nesting this could mean the demolition has to be paused until after the breeding season.

The works are being phased, with the external shelter being brought down first. When this is complete, works will commence on the second phase, the new works (seating area with shelter, footpath, gym equipment x2 and marked scoot track in main play area). The timetable is as follows:

- Shelter demolition start of May (two weeks work weather permitting)
- New improvements construction- end of May (eight weeks work weather permitting)
- Completion July 24



Shelter demolition notice

Sheffield Olympic Legacy Park



The **Olympic Legacy in Action - FREE community event** returns for the third year to Sheffield Olympic Legacy Park on **Sunday 2 June** from **11am-4pm.** No need to book, just turn up. We're working with **Yorkshire Sport Foundation** and other Park partners and community partners to put on a fun day for people of all ages and abilities to come along and try out a variety of sports and activities.

Taster sessions will include basketball, netball, ice skating, football, rugby, cricket, cycling, table tennis, snooker, chairobics, weightlifting and more, taking place at venues across the Park including Canon Medical Arena, Community Stadium, Oasis Academy Don Valley and the canal moorings. This year we have teamed up with ShefFood as part of the event.

ShefFood, Sheffield's local food partnership, thinks everyone should be able to eat healthy, tasty, affordable food which is good for the environment and helps our local economy thrive. We want to create a 'Good Food Movement' that brings together residents, initiatives and organisations over food, while helping make sure that local food-related decisions recognise the needs and experiences of local people. As part of this we'll be supporting some great food options and activities at the Olympic Legacy in Action event on 2 June – we hope to see you there!









Academy

Oasis Academy Don Valley welcomed a new Principal at the beginning of the year - Tariq Mahmood.



Tariq Mahmood

Mr Mahmood brings 20 years of experience as a senior leader having previously worked in successful schools in Manchester and Liverpool. He is looking forward to working with the whole school community.

Sheffield Olympic Legacy Park junior parkrun



Every Sunday at 9am - FREE 2km walk, jog or run for juniors aged 4-14 Register once before your first visit and bring your barcode every time you take part. To find out more:

www.parkun.org.uk/sheffieldolp-juniors/









Economic Recovery Fund

Great news for Darnall!

Darnall's bid for Sheffield City Council's Economic Recovery Fund (ERF) has resulted in £100,000 being given to our neighbourhood to spend on improving the high street for businesses and increase footfall. During 2024, Darnall Well Being will be the lead agency, working with all Darnall centre businesses, and in partnership with Sheffield City Council and Business Sheffield.





Down Memory Lane - Darnall shops in the 1960s and 1970s

Our aims: In the past, Darnall was a thriving commercial centre, with a wide variety of shops and businesses. We are determined that Darnall can return to being a welcoming and safe place, where the people of Darnall will want to shop, and that visitors from elsewhere will want to explore.

To enable this to happen, we want to build up confidence in local traders, to support them to stay in Darnall, and hopefully to improve their businesses. We also want new businesses to move to Darnall, seeing that this is an area where they can succeed.



Some of Darnall's local businesses today

How we will work:

The project is all about working together with businesses; already twelve business are actively involved, and we want to build on that. Jim Steinke will be managing the Fund, on behalf of Darnall Well Being, and has already met a large number of local businesses, and is keen to meet more.

What we aim to deliver:

look to include you too.

Events: We will be having two festivals in Darnall in 2024, and we are inviting local food businesses to demonstrate what a great place Darnall is to eat. The first festival will take place this Spring, and we are also looking to showcase the talents of local music, dance and maybe even drama!

Please contact Jim Steinke, if you want to be part of the event:

jim.steinke@darnallwellbeing.org.uk.

If you are a school, wedding group or performer, please reach out so we can

Maco





for Darnall





Local festivals in the past - Darnall Whit events

Improving the environment:

We will also be looking at different ways of improving the environment around the centre of Darnall, considering street cleaning and rubbish collection schedules, providing bigger waste bins, new (and improved) flower street tubs, street banners to advertise Darnall, and even murals to brighten up the centre.



A street mural

We would encourage all businesses to report cleaning and litter issues when they see them – the www.FixMyStreet.com app and platform (see QR code) allows you to take photographs to add to your report.

Please contact us also if you are a local graphic designer (or street artist) who would like to work with us.



Involving you - our community:

There will also be a range of community activities to improve tidiness, like community litter picks, and awards for best shop fronts. We will also be offering training opportunities, such as food hygiene and allergen awareness courses, to improve the reputation of our local food businesses by keeping hygiene scores high.







Local community litter pickers in action

So, please share your ideas, whether you work in or own a business, or shop or visit the centre of Darnall, no matter how long you have been part of our community. Let's work together to make Darnall an attractive, safe, and welcoming neighbourhood to all and for all.

Contact jim.steinke@darnallwellbeing.org.uk for more information on the project, or if you are a business owner in Darnall, text Esther Morrison (your high streets advisor from Business Sheffield) on 077257857040 to be added to the DARNALL BUSINESS OWNERS WhatsApp group.

Local Life - Tinsley



Brokering training provision

Debt, benefit and financial advice
Job matching
CV workshops
Mock interviews

Work experience placements
Training / skills tasters

1:1 Individual Advice and Guidance
Support into voluntary work

TINSLEY SESSIONS:
MONDAY, WEDNESDAY, THURSDAY
TINSLEY ONE STOP SHOP
120-126 BAWTRY ROAD,
TINSLEY
S9 1UE
0114 2444887

POTENTIAL JOBS INCLUDE:
CLEANING
CARE WORK
ADMIN
WAREHOUSE DRIVING
SECURITY
CALL CENTRES HOSPITALITY
& MORE!!



To find out more about sessions in TINSLEY,
DARNALL or BURNGREAVE, please telephone us on:
ANNE: (0114) 2444887
ZAHEER: (0114) 2132307
or Email us:
anne@tinsleyforum.co.uk
zaheerahmed@burngreaveworks.org.uk
Tinsley Forum, 120 - 126 Bawtry Road,
Tinsley, Sheffield, S9 1UE



Tinsley Forum and Darnall Well Being invite you to come and join us to make new friends, learn new skills, and participate in group activities and days out.

For girls aged 9 to 19





Thursdays, 5 - 7pm





120-126 Bawtry Rd Sheffield S9 1UE

For more information, contact Anne Saleh on 0114 2444887 or pop into the library.







Sheffield Citizens Advice Service - Community Access Point

Sheffield Citizens Advice provide appointments at Tinsley One Stop Shop, connecting you with an advisor over the internet, for a virtual appointment using a community access point.

All advice is free and given by trained professionals in a confidential space.

Sheffield Citizens Advice cover a range of topics, including benefits, consumer issues, debt and money matters, housing, family, health, immigration, law and courts, and work to name a few. Open hours at Tinsley One Stop Shop are:

Every Tuesday and Thursday 10am–4pm (last appointment 3pm)

For all other advice help call the advice line on 0808 278 7820 10am-4pm Monday to Friday



CAS Community Access Point

Don't forget to vote on Thursday 2 May – Tinsley Polling Station – Tinsley One Stop Shop

Remember to register to vote and to bring your ID and polling card when you come to vote.
Accepted forms of ID can be found on the electoral commission website www.electoralcommission.org.uk

Tinsley Over 60's Group

Come along and join in the over 60s activities in Tinsley Library – the Tinsley Over 60s Group meet at Tinsley Community Centre every Wednesday between 1pm and 3pm. For details, pop into the Community Centre on Ingfield Avenue.



Come and join in the activities

Darnall Life

Darnall green community project

Sheffield charity **Kids Plant Trees** is holding its Darnall green community launch event on Sunday 28 April 2024.

Want to get involved with your local community, help nature and spend more time outdoors with your kids? Join our exciting new project for families in the Darnall area, kicking off with a day of fun nature-based activities and a chance to share your ideas on how to improve your local green space for nature and people.

Sign up for updates and event info at:

www.kidsplanttrees.org/darnall-green-community-pilot



Come and join in the fun





Darnall Allotment Project



Busy at work on the plot

After a short winter break, Darnall Allotment Project is back on the plot and there are signs of spring on the allotment. New buds and leaves are appearing and spring flowers are growing. We have started sowing seeds and soon everything will be growing again. During the first few months of the year there are even some veggies to harvest, greens from the polytunnel, leeks, chard and kale. The cold months are also a great time to burn clippings, prune trees and hedges, build some new paths and have a tidy up.

We are on the plot every Friday, 10am–1pm. Come and join us, if you are interested in getting involved or to have a look round; no experience is needed.

Contact Sarah: <u>darnallallotmentproj@gmail.com</u> or 07415 025 919. Complete our online form: https://forms.gle/QYvvZK52EjJgnQLKA or you can follow us on Facebook or Instagram









Darnall Education Centre

Sheffield Council Community Youth Services are inviting young people in the local area to join our Youth Club at Darnall Education Centre, Darnall Road. Our youth clubs are free and offer lots of activities including gaming, table tennis, pool, arts and crafts, boxing fitness, life skills such as cooking - and free hot food is served at every session. We also offer free activities and trips during school holidays.

What are you waiting for?

If you would like to find out further information, please email us at Youth.Services@sheffield.gov.uk or just come along to the youth club when we are open.

Opening hours are:

Mondays: 12-14 years 5pm-7pm Wednesdays: 15-17 years 5pm-7pm

Help Combat Loneliness One Cuppa at a Time

If spending an hour a week chatting to an older person in your community is your cup of tea, we have the perfect volunteering opportunity for you.

Local charity Sheffield Churches Council for Community Care (SCCCC) is reaching out to communities across Sheffield to help them support over 200 isolated older people who are waiting for a Befriender.

Could you be a Befriender? The charity has been running its Befriending service, the Good Neighbour Scheme, since 1966 with the support of their incredible volunteers, who have supported thousands of lonely older people.

Volunteering is for everyone, whether you can visit someone face to face, by telephone or through their pen pal scheme, SCCCC would love to hear from you.

To find out more visit <u>scccc.co.uk</u> or email <u>volunteers@scccc.co.uk</u> to request an application form.

Food Works Handsworth is a social enterprise that works to build a more sustainable food system and stops surplus food going to waste by running a Pay What You Can market, community cafes and a number of other food services across Sheffield. The main Food Works market is located in the Portland Business Park in Handsworth and is open to everyone to come and do a sustainable and affordable market shop. This helps reduce food waste and protects the environment. You can also support the project by volunteering.

Food Works Handsworth, Unit 12-14 Portland Business Park, 130 Richmond Park Road, Sheffield S13 8HS.

Opening hours: Sunday-Tuesday: 11am-2pm, Wednesday-Saturday, 11am-3pm. See thefoodworks.org for more details

April is **Stress Awareness Month**. Stress is a common mental health problem that one in four people can experience. Sheffield Talking Therapies

offer different treatment options for stress.



What is stress?

'Stress is how we react when we feel under pressure or threatened. It usually happens when we are in a situation that we don't feel we can manage or control.' (Mind, 2022)

What symptoms might you notice?

Feelings - overwhelmed, frustration, irritable, racing heart, tension, tired Things you do – avoiding, doing less or doing too much, can't sleep, over eat or skip meals and many more. . .

How can Talking Therapies help me manage stress?

We offer a range of evidence-based treatments based on cognitive behavioural therapy (CBT). This involves learning techniques to cope with stress.

Managing stress course – online, five weekly sessions, Tuesday or Thursdays 5.30pm-7pm Silvercloud – supported online programme, accessible 24/7 from a mobile, laptop or tablet One to one appointments -virtual (via video link) or face to face, fortnightly, up to six 30 minute sessions

How to access?

Complete the online self-referral form at www.sheffieldtalkingtherapies.nhs.uk/ or call 0114 226 4380





Ramadan 2024

Welcoming Ramadan 2024 by Shabir Aziz, Darnall resident

For Muslims living in the local areay, Ramadan - the month of fasting, extra prayers and charity, is a special, long-awaited month. To outsiders, Ramadan may seem quite strict as abstinence from both food and drink between the hours of predawn and sunset seems a very difficult thing to do. This brings forth the question: "Why do Muslims fast such seemingly long hours in this month?" The best answer to this is mentioned in the Holy Qur'an, the revealed scripture by which Muslims live by.

In Chapter 2: Verse 83 of the Holy Qur'an, God (Allah) states; "O you who believe, fasting is prescribed for you, as it was prescribed for those before you, so that you may be mindful of God".



This make it quite clear the main purpose of fasting in this month is to become closer to God and to attain spiritual improvement as a person. The connection between being in a fasted state and spiritual attainment is achieved mainly through removing, temporarily, some of our physical needs, in order to focus better on those spiritual aspects such as prayer, recitation, remembrance and charity.

For these reasons, fasting in Ramadan is compulsory for all healthy, adult Muslims. The elderly, chronically ill, children, and expectant mothers are exempt, but can fast if they feel able to. There is also another aspect or consequence of fasting which many people, unfortunately, do not focus on in this special month. This is the connection between fasting and health. The link between fasting and better health has now been largely recognised both scientifically and by various health professionals. The concept of intermittent fasting (having limited eating and fasting windows) in order to eat healthier and lose weight, is now really popular. Fasting in Ramadan is primarily about spiritual attainment, we must remember that our bodies and minds are considered a trust from God, whereby and keeping them both healthy is also considered crucially important.

With this in mind, perhaps this Ramadan, we should make a resolution to fulfill this trust by eating healthier, wholesome foods at the Sehr (morning meal) and Iftar (evening meal). We should try to limit deep fried and sugary foods in this month - which makes fasting easier. Exercise is really important to continue in Ramadan, whether while fasting, or after. Some people feel energised exercising whilst fasting, while others may feel they don't have the energy. It's important to listen to your body and choose a time which suits you. Remember, exercise, whether it's walking or working out, doesn't have to be long – 15-20 minutes a day is sufficient. We wish you a blessed, spiritual, and healthy Ramadan 2024.

For more information on a healthy Ramadan:

https://darnallwellbeing.org.uk/blogs/staying-healthy-during-ramadan/ https://www.nutrition.org.uk/putting-it-into-practice/food-seasons-and-celebrations/a-healthy-ramadan/

Help your Area Stay Clean and Tidy



What goes in your bins?

Each bin is for a different type of waste:

Brown bin is for glass, cans and plastic bottles

Blue bin is for paper and card

Black bin is for household rubbish

Need help with your bin collections? Call 0114 273 4567











Recycling dos and don't

REMEMBER! It is a criminal offence to drop litter or throw it from a car which carries an instant £80 fine. The fly-tipping of waste is a serious criminal offence, it carries a maximum penalty of an unlimited fine or up to five years imprisonment.

Household Waste Recycling Centres

Your closest Household Waste Recycling Centres are on Beighton Road in Woodhouse and Longley Avenue West in Shirecliffe. Opening hours are Monday-Friday 9.30am-3.30pm (Beighton Road is closed on Tuesdays).

Alternatively, arrange a **Bulky Waste Collection** by calling 0114 273 4567. Costs are: 1 to 3 items £23.50, 4 to 6 items £39.50, 7 to 9 items £55.50 or 10 to 12 items £70.10.

Report litter and flytipping to Sheffield City Council - scan the QR code below for direct access to the Council pages to report a problem with litter or to organise a litter pick in your neighbourhood. Details for pollution and nuisance visit www.sheffield.gov.uk or call 0114 273 4567.









Help and Support

The Community Connector has teamed up with Shelter to provide a series of articles giving advice about housing. In this issue we look at repairs to rented properties

Mould, damp, poor repairs etc - landlords, especially private, neglecting to upgrade/repair properties to a decent standard' are complaints often heard about housing.

Landlords have responsibilities to make sure their properties are fit for people to live in, this applies to private landlords, councils, and housing associations. Your landlord is responsible for most of the repairs. These are sometimes called 'section 11 repairs' because they come from section 11 of the Landlord and Tenant Act 1985. Your landlord also needs to carry out repairs within a reasonable period of time; timescales depend on the severity of the matter. It is always advisable to check your Tenancy Agreement, but note there may be additional repairs that aren't mentioned which your landlord is still responsible for.

https://england.shelter.org.uk/housing_advice/repairs/landlord_and_tenant_responsibilities_for_re

pairs

A rented home is unfit to live in when conditions or safety issues are so bad that it's not reasonable for you to live there. This could be because of poor conditions which affect your health, put you at risk of physical harm or injury or mean you cannot make full use of your home. Landlords must make sure your home is fit to live in throughout your tenancy.

https://england.shelter.org.uk/housing_advice/repairs/is_your_home_fit_for_h abitation

It is advisable to take photos of the disrepair, damage, or bad conditions, keep all letters and emails to and from your landlord regarding the repairs (or make a note of the calls or each time it has been reported) keep receipts for things you had to fix or replace which have been agreed with your landlord and if necessary, obtain medical reports and letters to show how the home is impacting negatively on you and your family.

Repairs are urgent if they put people who live in the property at risk of serious harm. Some people could be more seriously affected such as children, older or vulnerable people, people with mobility problems, anyone with health problems or disabilities made worse by the repair problems.

If you have reported repairs to your landlord and they have failed to take action. you can then speak with Sheffield City Council Private Housing Standards Team.

https://www.sheffield.gov.uk/housing/repairs-to-rented-homes Where necessary, Private Housing Standards may arrange a full inspection of the property, take enforcement action against the landlord which may provide you with protection against eviction for up to six months.







Recite Me

Sheffield Carers Centre has launched a new tool on their website -Recite Me, that has some fantastic ways to increase accessibility for users. These include:

- One click can translate webpages into over 100 languages
- Users can put their cursor at the start of a paragraph and the system will read out the text in English or over 60 languages
- The system also enables users to customise the screen by changing fonts, increasing the font size, changing font and background colours etc https://www.sheffieldcarers.org.uk/a-guide-to-increasing-website-usability





Help and Support

The way you access GP appointments is changing!

Total Triage is a new approach recommended by NHS England to improve accessibility to Primary Care services. The main objectives are to:

- Enhance the quality of care our patients receive
- Ensure patients are given the most appropriate appointment or advice to meet their needs
- Ensure that this is done in a timely way

How does this work?

All patients complete a short questionnaire to allow the GP to assess your needs and ensure you are directed to the most suitable person to care for you. Where possible, we ask that patients complete the form online via practice websites. Reception teams are able to support any patients unable to fill the form in for themselves.

GP-led triage teams will then review each patient request to decide which member of the healthcare team is best placed to help, the most suitable timeframe for an appointment, and whether this is best suited to be by telephone or in person in the practice.

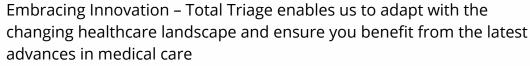




Improved Access to Care – Total Triage is shown to reduce appointment waiting times.

Convenience – digital communication means you can engage with us from the comfort of your own home or workplace

Improved Patient Experience – Total Triage improves communication and ensures that you see the person best able to help you in a timely way



Practices will be sharing more information about what this will look like and how this will work in your practice.

Free Careers Service for Adults

Support available:

CV Development - support to compile an effective CV from scratch or develop and enhance your existing CV

Training Opportunities - information and signposting to training and qualifications which can help you back into work, including information regarding Rapid Response to Redundancy **Interview Preparation and Performance** - support to prepare effectively for face to face, telephone or video interviews including interview practice (using Skype or Microsoft Teams) **Skills and Interests Assessment** - help to identify your existing skills and areas for development and use these to identify new career paths

Understand the local labour market - which employers are recruiting in the area
Job Search Support - provide information on where to look for jobs and how to apply for them
Application Form Support - support you to complete job applications

To book a 1-1 telephone appointment with one of our professionally qualified careers advisers or to find out more about our virtual workshops call 0114 279 9760 or email adultcareersadvice@prospects.co.uk

Local Activities



Day	Time	Activity	Location	
Monday	7-8 pm	Dads & Lads football	Woodburn Road Hub, (Pitz) S9 3HL	
Thursday	6.45 – 7.45pm	Boxing	Steel City Gym	
	7 – 8pm	Football	Woodburn Road Hub,	
			(Pitz) S9 3HL	
Friday	6-9 pm	Multi Sports	EIS, S9 5DA	
	6-8 pm	Female Only Session		
Saturday	10 – 2pm	Bright Minds Tutoring	Sheffield Park Academy	
	10.30 -11.30pm	Girls Youth Club	Starworks, S9 5AF	
	7 - 9 pm	Boys Youth Club	Starworks, S9 5AF	
Sunday	1-3pm	Community Basketball Canon Area, S9 3TL		

All sessions are subject to availability. Please contact Abdul Malik for more information on 07445 426019













@desa_sheffield

















Darnall TARA day trips 2024

Sunday 19 May - Whitby, 8am

Wednesday 26 June - Scarborough and meal, 8am

Sunday 25 August - Llandudno, 8am

Saturday 19 October - Beverley Market, 8.30am.

Levy payers: adults £15, children £10.

Non levy payers: adults £16, children £11.

Pay at TARA office Mondays 10am-noon.

6 Greenland Court, S9 5GD

darnalltara@hotmail.com Tel 0114 221 2672

TARA AGM MAY 22ND, 6PM - ALL WELCOME



Festival of Debate comes to Advanced Wellbeing Research Centre

All welcome to a free, interactive event, exploring the core principles of the 'Peckham Experiment' to inspire the creation of healthy neighbourhoods in South Yorkshire. Darnall Well Being, Manor & Castle Dev Trust and People Focused Group Doncaster will be

'In Conversation' with the Mayor of South Yorkshire invited as keynote listener. Book your free tickets here: https://www.tickettailor.com/events/festivalofdebate/1183707





Welcome Places

Free warm, welcoming places all around the community.



information

free hot food



books



free snacks



family support







games







charge your phone





sewing lessons

clothing

bank



food bank

Church of Christ in Darnall 563 Staniforth Road, S9 4RA	Wed 10am - 12pm Fri 10am -1pm	0114 2490779	
Darnall Allotment Project Infield Lane, S9 4PE	Fri 10am - 1pm	07415 02519	
Darnall Education & Sports Academy Darnall Education Centre, Darnall Rd, S9 5AF	Sat 10.30am - 12.30pm (Girls) 7pm - 9pm (Boys)	07445 426 019	(i) A 🖰 🖰
Darnall Family Centre 563 Staniforth Road, S9 4RA	Mon - Fri 8.30am - 4.30pm	0114 273 5008	(i) **
<mark>Darnall Library</mark> Britannia Road. S9 5JG	Mon - Wed 10am - 5pm, Fri10am-5pm, Sat 10am- 4	pm 0114 203 7429	
Darnall Rd Baptist Church Darnall Road, S9 5AL (Eleanor Rd entrance)	Fri 12.30 - 2.30pm	07519 994177	
Darnall Somali Devpt Group Darnall Education Centre, S9 5AF	Tue 10am - 12pm	0114 453 8651	
Darnall TARA Greenland Court meeting room, S9 5GD	Mon 10am - 12pm	0114 221 2672	
Darnall Well Being Darnall Primary Care Centre, 290 Main Road, S9 4QH	Tue 11am - 1pm	0114 249 6315	(i) 🛄 🦻
Food Works 12-14 Portland Business Park, 130 Richmond Pk Rd, S13 8HS	Mon, Tue, Sun 11am - 2pm Wed ,Thu ,Fri, Sat 11am - 3	07422 652586 pm	
Galeed House 75 Nidd Road, S9 3BB	Thu 10:30am - 1:30pm Women only	0114 244 4832	
Grace Church 1 Richmond Road, Handsworth, S13 8TB	Wed & Fri 10:00am - 12.30pm	0114 293 9699	
Littledale, Bowden Wood & Halsall TARA 59 Mather Road, S9 4GP	Mon-Thu 10am - 12pm	lbwhtara@ hotmail.com	
Living Waters Community Cafe & Foodbank 81 Main Road, S9 5HL	Wed 1pm - 3pm	07909 598 426	citizens Sheffield i
Oasis Academy Don Valley Leeds Rd, Sheffield S9 3T	Tue 8.45am - 10.30am	07789 652808	
Pakistan Muslim Centre Woodbourn Road, S9 3LQ	Mon - Thu 11am - 5pm	0114 243 6091	citizens sheffleld



St Albans Church

Darnall, S9 5AY

Tinsley Library

20 Chapelwood Road,

Tue 10am - 2pm 120-126 Bawtry Rd, S9 1UE Thu 11am - 5pm

meal

Tue

Thu 10 - 12 Coffee Morning

Sun 1-3pm Community

0114 203 7432

0114 269 3983

07787 578720





