

Autumn 2023



The COMMUNITY CONNECTOR

A newsletter for people in Darnall,
Tinsley, Attercliffe and Handsworth

Hello!



Olympic Legacy In Action fun more details on p7

Welcome to the Autumn 2023 Community Connector. In this edition we look back at some of the events and activities held in the local area over the summer and we also look forward to what's coming up in the autumn - including the opening of the Canon Medical Arena at Sheffield Olympic Legacy Park.

We also include lots of useful information covering energy support/help, health and cost of living support as well as grants available for groups in the local area. We always welcome new content - please get in touch if you have something you'd like us to share next time - we'd love to hear your views.

Send your news, stories and information to:
communityconnectordarnall@gmail.com

If you need a large print version of the newsletter, please contact us at the email address above, and we will provide one.

আমাদের নিউজলেটারের শরৎ 2023 সংস্করণে স্বাগতম। আমরা আশা করি আপনি আমাদের স্থানীয় এলাকায় সকলের জন্য উপলব্ধ কার্যকলাপ এবং সমর্থন সম্পর্কে তথ্য উপভোগ করবেন।

مرحبًا بكم في إصدار خريف 2023 من رسالتنا الإخبارية. نأمل أن تستمتع بالمعلومات حول الأنشطة والدعم المتاح للجميع في منطقتنا المحلية!

Waxaad ku soo Dhawaataan nuqulka qoraalka warsidaha ee soo baxay xiligan Dayrta 2023. Waxaanu rajeyneynaa inaad ku farxi doontaan warbixinta ku saabsan waxqabadyada iyo caawimooyinka laga heli karo xaafada.

ہمارے نیوز لیٹر کے خزاں 2023 ایڈیشن میں خوش آمدید۔

ہم امید کرتے ہیں کہ آپ ہمارے مقامی علاقے میں موجود سرگرمیوں اور تعاون کے بارے میں معلومات سے لطف اندوز ہوں گے!

Vitajte pri jesennom vydaní nášho newslettera 2023. Dúfame, že sa vám budú páčiť informácie o aktivitách a služieb, ktoré sú dostupné všetkým v našom okolí!

This newsletter has been published and distributed thanks to funding and support from:



Local Life

Help keep Darnall, Attercliffe and Tinsley stay clean & tidy

If you love where you live, you can help keep your neighbourhood clean and tidy by encouraging friends and neighbours to dispose of their waste properly, report litter and fly-tipping or perhaps help keep your street clean with a litter pick.

Did you know that free litter picking equipment is available to collect from Darnall Library? Drop in and collect the tools and information to conduct your own litter pick. You can also follow Attercliffe Angels & Darnall Dazzlers Litter Pickers on Facebook to support the work they do. It is also very important to report litter and fly-tipping to Sheffield City Council by scanning the QR code below or visiting www.sheffield.gov.uk Pollution & Nuisance, or download and report via the Fix My Street app on your mobile device.



Remember. It is a criminal offence to drop litter or throw it from a car. This carries an instant £80 fine.

Fly-tipping offenders risk prosecution. The fly-tipping of waste is a serious criminal offence, it carries a maximum penalty of an unlimited fine or up to five years imprisonment.

What goes in your bins?

Each bin is for a different types of waste:

- your brown bin is for glass, cans and plastic bottles
- your blue bin is for paper and card
- your black bin is for general household rubbish



Tackling litter and fly tipping

Partners in the Darnall Ward are working together to tackle issues of litter and fly-tipping. The East Local Area Committee is targeting hot spot areas and have purchased some promotional items to share in Darnall and Tinsley when they speak with residents. For more information please contact eastlac@sheffield.gov.uk

Cllrs Zahira Naz, Mazher Iqbal and Mary Lea with Community Services Officers Sophie O'Brien and Abby Wilson at High Hazels Summer Fayre in July

Sheffield Citizens Advice provide appointments at Tinsley One Stop Shop, connecting you with an advisor over the internet, for a virtual appointment using a community access point.

All advice is free and given by trained professionals in a confidential space. Topics include: benefits, consumer issues, debt and money matters, housing, immigration, family, health, law and courts, and work to name a few.

For an appointment, speak with a member of Tinsley Library staff, on Tuesday or Thursday 10am-4pm, or ring Advice Line on 0808 278 7820 Monday to Friday 10am-4pm.



Darnall Local Life

Darnall Allotment Project

At the community allotment we have now got our brand new shelter, which has opened up new possibilities for us of working in all weathers. The Kiwi plant bought in response to a request from the Somali Women's group now has a structure to grow up. We look forward to eating kiwis next year.

Despite the wet cold summer we have been eating plenty of beans and potatoes and at least we haven't had to do too much watering.

We celebrated the summer solstice with a wonderful evening around a fire, sharing songs and stories and eating bananas and chocolate as well as vegetable inspired cakes.

The apples are plentiful and it will soon be our annual apple juicing day. If you have never been, its loads of fun and the apple juice is delicious! Join us on 14 October. Then on 28 October come along and learn more about home composting.

Everyone is welcome to come along to our Grow Together allotment session, Fridays 10am-1pm. No gardening experience necessary. You can also follow us on Facebook and Instagram.



The allotment in summer



The new shelter



Busy on the allotment



Darnall Allotment Project
Grow Together
Every Friday 10am - 1pm

Entrance just after Golf Course carpark, Infield Lane S9 4PE

Learn about growing food
Gain hands on experience
Meet new people
Get some exercise
Benefit from being outdoors

Sarah Emberson 07415025919
Darnallallotmentproj@gmail.com



Everyone Welcome - No experience needed

Darnall Area Trust Fund

Book your place on one of the trips for the rest of the year:

Newark Market: 7 October

Christmas Market: Stratford-on-Avon - 2 December

Due to the rise in fuel and coach costs we have had to increase the price of trips.

Levy payers: Adults £15, Children £10

Non-levy payers: Adults £16, Children £11

Come and share what changes you would like to see in

Darnall. Contact info: Darnalltara@hotmail.com

Tel: 0114 221 2672

Or drop in every Monday (except Bank Holidays)

10am-noon

See our Facebook page:

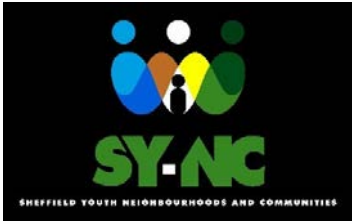
Darnall Tenants and Residents Association



⚡ There is an exciting new development for Darnall, with the award of £100,000 funding from the **Economic Recovery Fund** over the next year from October, to try and regenerate the commercial heart of Darnall, around Staniforth Road and Main Street. This will include having two significant food festivals, more environmental planting and improvements, better litter collection and cleaning, better benches and signposting. If you are interested in being on the steering group to drive this forward, please contact Jim Steinke at Darnall Well Being:

jim.steinke@darnallwellbeing.org.uk

Local Life



Darnall Well Being are excited to have become one of the three **Sheffield Youth - Neighbourhood & Communities** youth hubs in Sheffield alongside our partners DESA and Tinsley Forum. SY-NC aims to work with young people and their families in order to offer them opportunities to engage in meaningful activities and training, in order to reduce the risk of exploitation and involvement in criminal activity

(including knife crime and gangs). We are in the process of shaping the project, but in the meantime, DESA has already delivered several sports activities in Darnall and in Tinsley, alongside Tinsley Forum. Please get in touch with DWB, DESA or Tinsley Forum for more information and to get involved.

Sheffield Churches Council for Community Care (SCCCC)



Local charity, Sheffield Churches Council for Community Care (SCCCC) or S&4C's as it is known has been supporting vulnerable older people since 1966. Their flagship scheme, Good Neighbours, is a befriending service where volunteers visit lonely people in their homes on a regular basis for a cuppa and a chat. Over the years they have supported thousands of isolated people and currently have around 187 volunteers who give up just an hour a week to visit someone in their community.

Could you be a volunteer?

However, the charity currently has over 200 older people on its waiting list with a large number in your area. They are reaching out to the community to recruit more volunteers in these neighbourhoods.

"Volunteering is such a rewarding role, at SCCCC volunteers are the heart of our charity"

If you can help please email volunteers@scccc.co.uk or visit their website www.scccc.co.uk



Christmas Angels - calling all knitters

We are so thankful to all those who have contributed knitted angels over the last three years. The angels were distributed around the Attercliffe and Darnall areas for people to find.

Would you like to get involved this year? We need 500 angels knitting before 15 December. Are you a knitter? Would you be happy to knit ten angels before 15 December?



Knitted angels

Knitting pattern: <http://www.christmasangel.net/wp-content/uploads/2014/09/Christmas-Angel.pdf> or scan the QR code.

Drop off your knitted angels at: St Albans Church, 20 Chapelwood Road, Darnall S9 5AY or email: Kinder.Kalsi@churcharmy.org



Handsworth Boys Brigade

The 14th Sheffield Boys Brigade extend a warm welcome to all boys aged 5-15 years old to meet with us on Friday evenings 6.45-8.30pm at Handsworth Methodist Church during school term times.

Local Life

Summer Camp with Green Warriors



Enjoying the summer activities

Evergreeny went full swing on her maiden summer camping sprint back to back for five whole weeks. Leaving little ones enriched with abundant knowledge of the beautiful planet they live on. It has been an absolute pleasure to have engaged with the children in various ways. They really did bloom with confidence and gained an awesome hands on experience from making ice creams, kites and plastic to beekeeping while giving back a little bit to their environment: "A cleaner greener future" being the highlight of the labs that aimed to instill the importance of the ecosystem as a whole.

Our vote of thanks include our parents and children for being the top motivators. Our collaborators for making this an extremely enjoyable venture for us all. Big Filla for the wonderful catering. Special word of mention to Sheffield Healthy Holidays, Sheffield City Council, Manor and Castle Development Trust and the Department of Education for giving us this golden opportunity to be drivers of change in Darnall!

Sheffield City Trust HAF Summer 2023 Programme

Sheffield City Trust (SCT) welcomed over 500 children to iceSheffield over the school summer holidays where they attended a session learning how to skate, along with some fun games on the ice, run by Skate UK coaches. SCT also delivered swimming lessons to over 200 children in a four-week programme at Concord Sports Centre.

This has been a great experience seeing children learn the new skills of being able to swim and skate, where for some it was their first time.

Through our HAF programme we have also delivered around 3,300 packed lunches to children and families following their activities.



School holiday fun



Sheffield Olympic Legacy Park junior parkrun

Every Sunday at 9am - FREE

2km walk, jog, or run for juniors aged 4-14

Register once before your first visit and bring your barcode every time you take part

Find out more :

www.parkrun.org.uk/sheffieldolp-juniors/



Sheffield Olympic Legacy Park

Medical Diagnostic Centre

The Medical Diagnostic Centre at Sheffield Olympic Legacy Park is due to open early in October. Book in for a tour of the facilities as part of the Living Care open day being held on Thursday 28 September. Use the QR code below to book.



LIVINGCARE
Sheffield bringing health to you

OPEN DAY

LivingCare would like to invite you to meet our teams and join us in a tour of our new medical diagnostic centre

Our Clinical Leadership team:

- Sarah Williams**
Director of Patient Safety
- Jayne Pears**
Head of Imaging Services
- Lauren Sylvester**
Head of Clinical Services

REGISTRATION:
SCAN THE QR CODE TO REGISTER YOUR INTEREST AND KEEP UP TO DATE

SEPT 28TH

MEDICAL DIAGNOSTIC CENTRE, SHEFFIELD OLYMPIC LEGACY PARK, WORKSOP ROAD, S9 3TL

Canon Medical Arena



Canon Medical Arena

The Canon Medical Arena will be officially opened in October. It is a new premier sports and entertainment facility situated on the Sheffield Olympic Legacy Park. The purpose-built venue will be the permanent home of the Sheffield Sharks and Sheffield Hatters basketball teams, in addition to various other sporting collectives, including DNC Netball and Sport Sheffield (University of Sheffield). The Arena will be able to host a diverse spectrum of events. From sporting spectacles to live musical performances, as well as corporate events, the arena is designed to cater to a wide array of engagements.

An integral part of the building is the Medical Diagnostics Centre, under the operation of Living Care. The centre is tailored to meet the needs of both elite athletes and general NHS patients. The venue will also be the headquarters of MLS Contracts.

UTC SHEFFIELD OLYMPIC LEGACY PARK

Students at UTC Sheffield Olympic Legacy Park celebrated a strong set of academic and technical results in the summer.

At the technical school for 13 to 19-year-olds, students completed exams at A Levels and technical qualifications (which are equivalent to between one and three A Levels) level and GCSEs.

This year saw 63 students sitting A Levels and technical exams and 96 taking GCSEs.

A Level students are progressing to a range of top destinations including the University of Cambridge and Kings College London.



A Level students celebrating their exam success

Sheffield Olympic Legacy Park

Olympic Legacy in Action 2023

Celebrating the legacy of the London 2012 Olympic and Paralympic Games by delivering a community led sport and physical activity event at Sheffield Olympic Legacy Park in Move More Month.



One huge thank you to Westfield Health for sponsoring the event and to all the activity providers and volunteers for their time and support



www.movemoresheffield.com

Did you attend the Olympic Legacy in Action 2023 event in June? If so you'll be part of our infographic (above). Watch this space in future editions for details of next year's event.

Legacy Fund

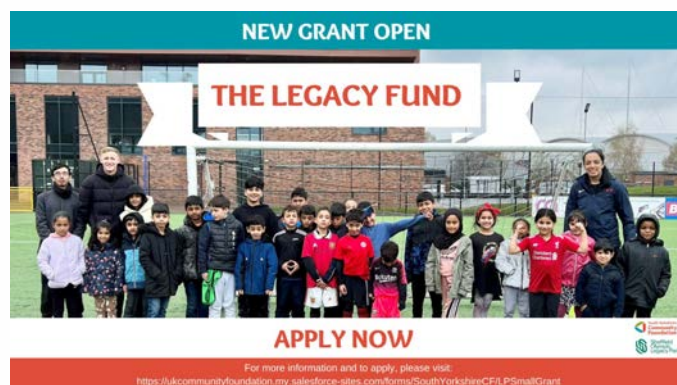
Sheffield Olympic Legacy Park's **Legacy Fund - community grants programme** has reopened for a second round of grants. Offering funding up to £1,000 for grassroots community organisations within a three mile radius of the Park.

The fund, administered by South Yorkshire's Community Foundation, is aimed at community organisations that provide services and activities helping support physical and mental health and wellbeing, and reducing social isolation.

Local beneficiaries

Legacy Fund is delighted to have already supported these local groups:

Choice Housing, Cricket Arena CIC, Crossroads Care Rotherham, Darnall Education & Sports Academy, Dance Inc Academy, Datic Trust, Diversity Now, Eagles Foundation, Emmaus Sheffield, Ethel Trust, Friends of Abbeyfield Park, Life After Crisis, Light Peer Support, Motion Exercise CIC, One Somali Foundation, Promoting Health UK, River Stewardship Company, SAGE Sheffield, Sheffield Mencap & Gateway, Sheffield One World Choir, Sheffield Steelkings Para Ice Hockey, Sheffield Town, Sheffield United Cricket Club, Stephen Harrison Academy, Tinsley Community Allotment.



Closing date Friday 6 October - to apply visit: www.sycf.org.uk/grants-to-organisations/sheffield-legacy-fund/



@OLPSheffield



[sheffieldolympiclegacypark](https://www.instagram.com/sheffieldolympiclegacypark)



[@sheffieldolympiclegacypark](https://www.facebook.com/sheffieldolympiclegacypark)

www.sheffieldolympiclegacypark.co.uk

Activities and Support open to all

All of our activities and support groups are back in full swing after the summer holidays! Walking in High Hazels Park and Tinsley, doing yoga in Tinsley and craft in Darnall are just some of our activities – plus we offer regular support sessions for people with Long Covid, Diabetes and Persistent Pain. All of our activities are free or have a small cost.

Chairobics

Our women's chairobics sessions are very popular – there are sessions: in Tinsley on Thursdays at 1pm and in Darnall on Tuesdays at 10am.

Not sure what chairobics is? It's gentle, chair-based exercise with something for all abilities. As with all our groups, not only is it a good way to stay healthy and active, it's also a great way to get to know others in your local area. Please contact us to find out more and book your place. We get some lovely feedback from the sessions - such as: "I like the exercises – it makes me happy and I feel better".



More details about all of our activities and groups on the activity schedule on our website!



Monday Health Walk and Men's Health Group sessions in action

<https://www.darnallwellbeing.org.uk/>

Please book in advance for all our activities:

Phone: 0114 249 6315 Email: dwb.enquiries@darnallwellbeing.org.uk

Long Covid Support

Did you know that Long Covid symptoms can vary a lot? Some of the most common ones are:

- Breathing and chest problems
- Fatigue
- Fever Pain
- Memory problems
- Stomach problems
- Muscle and bone problems
- Ear, nose and throat problems
- Skin problems

If you think you or someone you know may have Long Covid, why not try our Long Covid support group? Our friendly group meets monthly at Darnall Primary Care Centre, and has regular visits from experts who can provide help with managing your symptoms and supporting you towards recovery.

I've realised that I'm not the only one suffering.

The group can also help link you with support to apply for benefits, if Long Covid is affecting your ability to work.

The group gives me time to think about myself in the company of others who are in a similar situation

Long Covid Support Group meets monthly on Mondays, 12.30-1.30pm, at Darnall Primary Care Centre. Contact us for more information.

Local Life

FREE EMPLOYMENT SUPPORT HELP AND ADVICE FOR WORK AND TRAINING BASED IN TINSLEY

Providing pathways to employment
Brokering training provision
Debt, benefit and financial advice
Job matching
CV workshops
Mock interviews
Work experience placements
Training / skills tasters
1:1 Individual Advice and Guidance
Support into voluntary work

TINSLEY SESSIONS:
MONDAY, WEDNESDAY, THURSDAY
TINSLEY ONE STOP SHOP
120-126 BAWTRY ROAD,
TINSLEY
S9 1UE
0114 2444887

POTENTIAL JOBS INCLUDE:
CLEANING
CARE WORK
ADMIN
WAREHOUSE DRIVING
SECURITY
CALL CENTRES HOSPITALITY
& MORE!!

Do you need help to find a job?

- Work experience
- One-to-one information and advice
- Support to create a great CV
- Help with interview techniques
- Access to employer vacancies
- Training

To find out more about sessions in TINSLEY, DARNALL or BURNGREAVE, please telephone us on:

ANNE: (0114) 2444887

ZAHEER: (0114) 2132307

or Email us:

anne@tinsleyforum.co.uk

zaheerahmed@burngreaveworks.org.uk



Tinsley Forum, 120 - 126 Bawtry Road,
Tinsley, Sheffield, S9 1UE

Summer activities at Tinsley Allotment

The allotment has held three Summer Family Days.

The footfall for the three days (numbers including repeat visitors) was 112 people (57 adults and 55 children). Of these visitors, we had 26 new adult visitors and 29 new children on their first visits to the allotment. Each day was themed, with 'sow a salad', 'treasure hunt' and 'allotment soup'.

As well as this, we offered art and craft activities, free harvests and plants to take home, games plus many of the usual activities that we offer for toddler group - a music wall, digging pit, chalk board etc. We also provided free home-made snacks each week as well as soup on the last day. We have been very happy with how the days have gone and everyone seems to have had fun!



Activites at the allotment during the summer

Local Life

Galeed House

Are you new to Darnall? Do you want to connect with your neighbours or make new friends? Then you are welcome to our activities or to just drop in and say hello to Amer or Louise and see what we have to offer.

Galeed House is a place of friendship for everyone from Darnall. All our activities are free and open to all. Details on our website www.galeedhouse.org.uk or contact Amer on 07710 671 175



Activities from September

Men's English Classes: Monday and Wednesday 10am-noon

Women's English Class: Friday 11am-noon

Women's sewing/English conversation and free lunch: Thursday 10.30am-1.30pm

Kids club (years 1-6)/Girls club (years 7- 10): Tuesdays in term time 5.30pm-6.30pm

Living Waters Church

Open the book is an exciting storytelling project where scripted bible stories are shared with children in a way that is fun, interactive and memorable. We use props to bring stories to life, sometimes wearing costumes and using songs. We encourage interaction between all the



Telling the story of Jesus and his friends

children and welcome feedback. All of these stories teach important lessons and regularly emphasise worshipping God, making good use of our planet, taking proper care of ourselves and a healthy respect for one another. All the themes covered provide help for teachers in meeting requirements for their faith studies and are Ofsted approved. It is under the umbrella of the Bible Society.

A story well told has the power to spark the imagination, inspire exploration and connect the generations.

Our group has been running since 2012 and all our volunteers are trained and safely recruited from local churches. We are hoping to visit more schools particularly in the S9 area soon. If you are interested in finding out more about our work please contact us on email: livingwatersdarnall@outlook.com

Darnall Library

Britannia Road, Sheffield, S9 5JG

Opening times: Monday to Wednesday: 10am-5pm, Thursday: closed, Friday: 10am-5pm, Saturday: 10am-4pm

Email darnall.library@sheffield.gov.uk or call 0114 203 7429



Local Life

FACES

A group of FACES learners based at High Hazels Academy were nominated for the Kevin Straughan Award for Positive Progression by their tutor Aishah Aslam for their commitment to learning and the progress they have made in their learning journeys. The group was presented with their certificates by Deputy Head of High Hazels Academy, Ms Hawa Fazlanie and celebrated the group's achievements.

Aishah said: "This group always attend on time and support each other in class by translating work for those that don't understand. Peer support is admirable! The group is aspirational and want to progress on to further learning."

FACES classes are open to all adults aged 19 years and over and are taught in local venues. You can contact us at faces@sheffield.gov.uk for more information about the different type of courses on offer.

In September, we are delivering courses at High Hazels Academy (Woodlands Community Hub) and Subud Centre.



The group receiving their certificates



WE'D LOVE TO SEE YOU

If you have a voice, can play an instrument or are interested in music - please join us on a Monday evening, from 7.00-8.00PM (term time only)

MEETING PLACE:
Church of Jesus Christ
Apostolic UK
778 Prince of Wales Road,
Darnall, Sheffield, S9 4EU

In person and online
Zoom: 314 232 594

Darnall Community Gospel
Choir DCGC
Everyone Welcome!

Hazel Barrett **07752472486**

Tinsley Library is a small community library run by volunteers from Tinsley Forum. It has a variety of books for both adults and children as well as newspapers and community information.

Opening Times: Monday: 10am-noon and 2-5pm, Tuesday: closed, Wednesday & Thursday 10am-noon, Friday to Sunday: closed.

To keep up to date with sporting fixtures and events happening at Sheffield Olympic Legacy Park, visit:

www.sheffieldolympiclegacypark.co.uk/whats-on/

Tinsley Community Fund

2023 Round 2 Applications

Closing date for applications is: - Friday 29th September 2023
Late applications will not be accepted

Background

The Community Fund has been created through money from E.ON linked to the biomass power station which was built adjacent to the Tinsley Viaduct in 2015.

Who can apply?

Community groups/organisations who deliver activities within the Tinsley boundary and who are seeking support for sustainable projects.

Boundary - Tinsley

Starting from Sheffield Road (from junction 34 - M1) as far as Ferrars Road - up to Ackworth Drive and including all roads off this - Bawtry Road down to junction 34 - M1 and including all roads off this - in addition to Greasbro Road and Plumbers Road.

Making an application

Application forms and further information on eligibility criteria are available from the Tinsley One Stop Shop, 120-126 Bawtry Road, Tinsley, Sheffield, S9 1UE or admin@tinsleyforum.co.uk

There are 2 application forms, one for grants up to £1,000 and one for larger grants over £1,000

Completed application forms must be returned to:

The E.ON Community Fund :-
Tinsley One Stop Shop
120-126 Bawtry Road
Tinsley
S9 1UE
or
admin@tinsleyforum.co.uk

This Application form must be posted or emailed back to the above addresses.

Successful applicants will be contacted by Saturday 14th October 2023



Local Life

St Albans Christian Community, 20 Chapelwood Road, S9 5AY

St Albans House Christian Community also known as Attercliffe CofM has the following activities open to all. We are based at St Albans Church at 20 Chapelwood Road, Darnall, S9 5AY also see our social media pages.

@attercliffecofm   



ST ALBANS CHURCH S9 5AY

All invited to...
**ST ALBANS HOUSE
COMMUNITY MEAL
SUNDAYS 1-3pm**

Come and Participate
Eat together
Share Life and faith
Build community
Clean up together
Give what you can

Part of our rhythm of life in following Jesus.
Pray - Worship - Eat Together - Community Outreach



**Toddler
Play Time**
& COFFEE MORNING

**St Albans Church S9 5AY
Chapelwood Road**

Toys Snack
Bible Story Time
Singing Crafts

**Thursday
10-11.30am**
Donation welcomed

There is also a coffee morning
10-12pm run by St Albans Church



ST ALBANS CREATIVE SPACE
20 CHAPELWOOD ROAD S9 5AY
JOIN US
BEING CREATIVE

**1ST & 3RD TUESDAY
FROM 7.30PM**

**BRING SOMETHING ALONG
YOU ARE WORKING ON OR
SEE WHAT YOU FANCY DOING
WITH WHAT WE HAVE**

Church of Christ in Darnall with St Alban's Festival Church

Church of Christ, Station Road, Darnall, S9 4JT. Tel: 0114 272 6009.

Facebook: <https://www.facebook.com/churchofchristindarnall/>

St Alban's Festival Church, 20 Chapel Wood Road, S9 5AY. Tel: 0114 249 0779

Facebook: <https://www.facebook.com/StAlbanssheffield/>

Tuesday

MHA Light Lunch Club 11am-1.30pm (contact Suzanne White 0756 861 2061)

Exploring Faith - Prayer and Bible Study 1.30-3pm

Wednesday

Time Aside Toddler group (during term time only)

10am-11.30am

Coffee & Chat

Knit & Natter 10am-noon

Thursday

Coffee & Chat at St Alban's Festival Church 10am-noon

Friday

Coffee & Chat 10am-noon

Food Works takeaway meals £1 (pay as you can) 10am-1pm

Free Welcome Lunch noon-1pm

Sunday

Sunday Service at Church of Christ 10.15am followed by coffee and biscuits



MHA Communities
South Yorkshire & Bassetlaw

Live better life well

Darnall Light lunch club

Come and join us at our Lunch club for the Over 55's. A warm environment with a cuppa, a chat and a hot 2 course meal, take part in new activities and make new friends!

We are at Church of Christ, Station road Darnall, 11:30am- 1:30pm every Tuesday

First visit free, then £5 (includes 2 course lunch, drinks and activities)

The Kettle's on!!

For information and to book a space contact Suzanne on 07568 612161 or email Suzanne.white2@mha.org.uk

Local Life

A warm welcome to discover at Stanage Edge

A set of three brand new information panels have been installed at the Peak District National Park's famous Stanage Edge – with an option to instantly download information in six additional languages. The boards can be found at Hooks Carr and Hollin Bank car parks, and next to North Lees Hall on the public footpath from Hathersage village. The panels, set into the area's iconic gritstone, are packed with history, wildlife and conservation information, along with photographs and maps. QR codes allow downloads of all the same content in Kurdish/Kurmanji, Polish, Ukrainian, traditional Chinese, Urdu and Punjabi; amongst the most commonly spoken languages within the cities of Sheffield, Manchester and Derby. Why not look out for them on your next visit?



The information boards



Charity's puppies need you!

Could you support the first steps in a dog's journey towards becoming a life-changer? The Sheffield-based Support Dogs charity is looking for volunteer puppy socialisers to provide a loving home and help the organisation to prepare its puppies over their first 14 months of life before they begin full time training.

Someone with an enclosed garden and who is at home for the majority of the day is preferable.

The charity covers all costs including food, equipment, bedding and medical bills and you receive one on one support throughout from their team of trainers.

Support Dogs is a national charity based in Brightside which trains dogs to help autistic children, adults with epilepsy and adults with a physical disability, empowering them to live safer, more independent lives.

To find out more about what's required of volunteer puppy socialisers, please visit <https://www.supportdogs.org.uk/puppy-socialiser>



A support dog

Local Life

DESA activities this autumn



DESA Sport Sessions – September 2023

Date	Time	Sport	Price	Age	Venue
8 th Sep	3.50 – 5pm	Ice Skating	£2	5-16	Ice Sheffield
15 th Sep	6 – 7pm	Football	£3	5-16	EIS
	7 – 8pm	Dodgeball / Cricket	Free		
	8 – 9pm	Badminton	£3		
22 nd Sep	No Sessions				
29 th Sep	6 – 7pm	Football	£3	5-16	EIS
	7 – 8pm	Basketball / Cricket	Free		
	8 – 9pm	Badminton	£3		
30 th Sep	3.45 – 5pm	Female Only Swimming	£3	3 – 8 year old boys & Females	Ponds Forge




FEMALE ONLY SWIMMING SESSION

DESA are proud to welcome females and children (boys) under 9 years old to Ponds Forge for our female only swim session. Children under the age of 8 must be accompanied in the pool with an adult.

PLEASE NOTE:
There will only be female lifeguards for the session. The viewing area overlooking the pool will be covered.

**Saturday 30th September
@ Ponds Forge 3.45 – 5 pm**

COST - £3 per person
Payment to be made in cash




Local community groups – are you looking for funding opportunities?

There are currently some national funding opportunities available that local groups could be interested in applying for to support action for environment and climate as well as improving individual and community wellbeing.

Funding for sports projects which deliver environmental and physical benefits (England)

- Sport England grants of up to £15,000 to support environmental sustainability projects
- The funding will go towards projects which support inactive and less active people to get more active, whilst also reducing environmental impacts
- The key goals of the funding have been split into three priority sections: reducing energy use, encouraging responsible travel and reducing waste/improving resource efficiency
- Funding is available to a range of voluntary community groups, charities and local authorities
- The deadline for applications is 31 March, 2024



For details visit: www.sportengland.org/funds-and-campaigns/our-funds

£1 million community fund for nature launched by WWF and the RSPB (UK wide)

- The Save Our Wild Isles Community Fund is supported by Aviva and will give £2 for every £1 raised by community projects
- Successful projects will have a focus on nature restoration, nature connectedness and pro-environmental behaviours, and community cohesion and connection
- The match funding applies to each individual donation up to £250, with a total match available of £5,000 per community project

For details visit: www.saveourwildisles.org.uk/community/fund



Local Support



NHS Sheffield Talking Therapies

We provide a range of free NHS talking therapies for anyone aged 18 or over who lives in Sheffield. Every year we help thousands of people in the city who are struggling with how they are feeling. If you are feeling down, stressed, anxious, are worrying more than usual or have a lack of interest in doing things that you used to enjoy. We are here to help.

Upcoming Courses

Overcoming anxiety and worry: Thursday 21 September 5.30-7pm, 5 week online course

Managing health anxiety: Thursday 21 September 9.30-11.30am, 5 week online course

Overcoming how mood: Wednesday 4 October 4:30-6pm, 5 week online course

Living well with pain: Wednesday 4 October 2-3.30pm, 5 week online course

See our website for a full list of courses available



To book an assessment:

Complete the online self-referral form on our website www.SheffieldTalkingTherapies.nhs.uk or tel: 0114 226 4380. You can also discuss your wellbeing with your GP or Practice Nurse and they can help you access the service too.

Free Blood Pressure Checks in Darnall and Tinsley

We are offering free blood pressure checks to people over 24. This involves a 20-minute appointment in the practice with a Health Care Assistant. Following this, you may be invited to take home a blood pressure monitor that measures your blood pressure as you go about your daily life. Depending on your blood pressure reading you may be referred to a Nurse Practitioner or GP for follow up.

- High blood pressure is a condition which can be controlled to reduce your risk of a heart attack, stroke or other cardiovascular disease.
- In the UK there are about five million adults who have high blood pressure without even knowing it.

The British Heart Foundation estimates that high blood pressure causes over 50% of heart attacks and strokes.

Please call any of the participating GP surgeries to book your appointment:

Clover Practice Highgate Surgery 0114 553 1197

The Medical Centre Tinsley 0114 261 0623

Clover Practice Darnall Primary Care Centre 0114 551 8812

Clover Practice North Darnall Health Centre 0114 244 9525



shaw trust

FREE Careers Service for Adults: Support Available



CV Development – help to compile an CV from scratch or develop your existing CV

Training Opportunities – information and signposting to training and qualifications which can help you back into work, including information regarding Rapid Response to Redundancy

Interview Preparation and Performance – support to prepare effectively for face to face, telephone or video interviews including interview practice (using Skype or Microsoft Teams)

Skills and Interests Assessment – help to identify your existing skills and areas for development and use these to identify new career paths

Understand the local labour market – what employers are recruiting in the area

Job Search Support – provide information on where to look for jobs and how to apply for them

Application Form Support – support you to complete job applications

Advice on overseas qualification comparisons (ENIC UK) how to access the website and funding

To book a 1-1 appointment with our professionally qualified careers advisers or to find out more about our workshops: Tel: 0114 279 9760. Email: adultcareersadvice@prospects.co.uk

Or speak to your Work Coach

Cost of Living Support

Struggling to pay your energy bills? Citizens Advice Sheffield Energy Affordability Line offers fuel debt advice & income maximisation



Our new, dedicated Energy Affordability Helpline connects you with skilled Energy Advisers who can provide benefit, debt and energy efficiency advice, and help you with problems you are having with your energy supplier. We can help you to:

- Maximise your income by providing benefit and debt advice
- Reduce fuel debts by negotiating with creditors and securing financial assistance
- Access increased support through the Priority Services register, Warm Home Discount, tariff checks, grant applications, and more
- Reduce future fuel costs by accessing support with energy efficiency within your home

We provide:

- Practical energy efficiency advice and fuel debt advice
- Emergency payments, such as fuel vouchers
- Applications to Warm Homes Discount
- Applications to Priority Service register
- Referrals to home decarbonisation partner (if eligible for ECO)



Phone 0800 448 0721, Monday-Friday 10am-4pm



Sheffield City Council offers lots of support and advice relating to the cost of living. Call them on 0114 273 4567 (Mon to Fri, 8:30am to 6pm) or look at their website:

<https://www.sheffield.gov.uk/cost-of-living>

Access to Food

If you need help to access food, there are a number of organisations across the city who can help you, and a map of them all here:

<https://www.vas.org.uk/sheffield-food-provision-map/>

Darnall Well Being can provide referrals to food banks to those in need:
0114 249 6315



Welcoming Places



Did you know that there are Welcoming Places open in our area every day of the week? These are community places where you can drop in for a warm drink and some company in a warm, safe environment. Some also offer food, games, books, WiFi access or digital support. There's a full list of local Welcoming Places with more information about what each of them offers here:

<https://darnallwellbeing.org.uk/home/signposting/welcoming-places-in-darnall-tinsley>

Online Access

More and more information and support is available online now.

If you can't afford to pay for a device or internet access, Darnall Well Being can help!



- As members of the National Data Bank, DWB can provide up to a year's worth of free data to help you get online for free.
- DWB can also apply to Sheffield Laptops 4 All, to get you a free laptop, if you need one.
- DWB's Welcoming Places sessions are a great opportunity to drop in and sit with one of our digital volunteers. They can help you learn how to get online safely and build your confidence about doing things online. Mondays, 12-1.30pm at Darnall Primary Care Centre. (0114 249 6315)