Winter 2022



COMMUNITY

A newsletter for people in Darnall, Tinsley, Attercliffe and Handsworth



Ex-footballer Brian Deane cuts the ribbon at the opening of the outdoor exercise equipment - see more on p7

Hello!

Welcome to the Winter 2022 Community Connector! This time, we're bringing you information about local festive activities taking place throughout December, as well as details of warm Welcoming Places in the community, and lots of news about what's been happening in the local area. We always welcome new content: please get in touch if you have something you'd like us to share next time - we'd love to hear your views!

Is there something you think we should cover next time?

Please get in touch with your suggestions to: communityconnectordarnall@gmail.com

If you need a large print version of the newsletter, please contact us at the email address above, and we will provide one.

Ku soo dhawoow nuqulka warsidaha xiliga xagaaga ee 2022. Waxaan rajeynayaa inaad ka heshay warbixinta ku qoran ee activities iyo caawimooyinka aanu siino xaafadayada.

ہم آ پکو اپنے نیوز لیٹر (موسم سرما 2022 ایڈیشن) میں خوش آمد ید کہتے ہیں۔ ہمیں امید ہے کہ آپ اپنے مقامی علاقے کی سرگرمیوں اور تعاون جو ہم سب کے لیے دستیاب ہے، ان کے بارے میں پڑ ہ کر لطف اندوز ہوں گے ۔

Vitajte vo vydaní nášho spravodajcu pre zimu 2022. Dúfame, že sa vám budú páčiť informácie o aktivitách a sluzieb, ktoré sú dostupné všetkým v našom okolí!

আমাদের নিউজলেটারের শীতকালীন 2022 সংস্করণে স্বাগতম। আমরা আশা করি আপনি আমাদের স্থানীয় এলাকায় সকলের জন্য

উপলব্ধ কার্যকলাপ এবং সহায়তা সম্পর্কে তথ্য উপভোগ করবেন৷

مرحبًا بكم في إصدار شتاء 2022 من مجلتنا. نأسل أن تستمتعوا بالمعلوسات حـول الأنشـطة والـدعم المتـاح للجميـع فـي

منطقتنا

This newsletter has been published and distributed thanks to funding from:

JUMP (NORTH)





High Hazels Park

Fruit Tree Pruning Workshops, Thursday 26 January, 9.30am-1pm Join Sheffield City Council Community Forestry Team and Sheffield Fruit Trees for a free practical workshop in fruit pruning, while rejuvenating one of High Hazels Park's mature orchards.

What to expect and bring: In the workshop we will learn key principles for pruning mature fruit trees to maintain and regenerate tree health and pruning to produce a good crop.

The workshop will take place in the morning from 9.30-1pm. We will then break for lunch, and you can then optionally stay on for the afternoon, when we will continue to prune the trees until 3.30pm.

The entire workshop will be based outside within the park's orchard, which is off the main path below the playground and basketball area. Wear suitable outdoor shoes and coats, preferably weatherproof. Tools and gloves are provided. Toilets are available. Please bring any drinks and snacks with you so you can have them as needed, and lunch if you want to stay for the full day. **How to join:** If you would like to join the workshop please sign up on Eventbrite, by scanning the QR code or by searching for SCC Community Forestry Events on Eventbrite.

Alternatively email ella.perkins@sheffield.gov.uk and you can also turn up on the day but places will be limited. https://high-hazels-park-fruit-tree-pruning-workshop.eventbrite.co.uk

High Hazels Park Improvements

Thanks to local stakeholders for coming to hear about feedback from the consultation held over the summer. We've been busy digesting further feedback and are writing a brief for designers to provide a cost estimate for options to include:

- bringing down the large shelter
- adult gym equipment
- scooter track
- meeting/social space

We may find that with costs generally being so high at the moment we cannot fund all options with the current budget. If this is the case, we'll come back and tell everyone and look to apply for additional funding. In the meantime,



The shelter due to be demolished

the East Local Area Committee have kindly committed £5k to a piece of adult gym equipment which will go on the circular walk. If you would like to be updated regularly and added to our email list, contact Sarah Poulter: sarah.poulter@sheffield.gov.uk

Volunteers Needed for Stroke Support Shop

We are a local charity based in Sheffield raising funds and awareness for stroke research, education and community support. We currently raise funds for Sheffield Hospitals Charity -Stroke Pathway Services, supporting local stroke survivors and their families within the Sheffield area.

We have been trading in Sheffield city centre for the last 10 years and we will soon be opening a clearance outlet based in Darnall at The Old Fire Station, Darnall Road, S9 5AF.

We are looking for volunteers who would be able to offer their time to help out in our shop. If you are interested in volunteering and would like to become part of our friendly team, call us on

0114 273 1400 or drop an email to collections@strokesupportshop.org We are looking forward to becoming a part of the Darnall community very soon!





Tinsley Forum Local Life

FREE EMPLOYMENT SUPPORT HELP AND ADVICE FOR WORK AND TRAINING BASED IN TINSLEY

Providing pathways to employment Brokering training provision Debt, benefit and financial advice Job matching CV workshops Mock interviews Work experience placements Training / skills tasters 1:1 Individual Advice and Guidance Support into voluntary work TINSLEY SESSIONS: MONDAY, WEDNESDAY, THURSDAY TINSLEY ONE STOP SHOP 120-126 BAWTRY ROAD, TINSLEY S9 1UE 0114 2444887

POTENTIAL JOBS INCLUDE: CLEANING CARE WORK ADMIN WAREHOUSE DRIVING SECURITY CALL CENTRES HOSPITALITY & MORE!!



Community Youth Services

Sheffield City Council Community Youth services continue to deliver Universal Youth Work in Darnall and Tinsley. Youth Club sessions are held Mondays and Wednesdays, 6pm-8pm at Darnall Education Centre and Thursdays, 5pm-7pm at Tinsley Youth Club. The provision is open to young people aged 13-17 years and we deliver a range of activities. During school holidays we deliver extra programmes that include activities and trips that are free for young people to attend.



A Youth Club session

Over the dark nights, young people have enjoyed several activities including attending a Halloween Party with spooky Halloween arts and crafts, delicious food and cakes, stilt walkers and a fire breathing show. Young people have attended diversionary activities as an alternative to getting involved in anti-social behaviour associated with the time of year, this included pizza nights and workshops delivered by South Yorkshire Fire and Rescue Service.

In November we also celebrated National Youth Work Week and youth workers made promises to young people in relation to the theme.

For more information, please email youth.services@sheffield.gov.uk

News from Morrisons

Darnall Well Being and Tinsley Forum have been regular visitors, purchasing food, toiletries and cleaning products from the £6,120 raised by our colleagues and customers last Christmas through our Giving Tree. They have been able to support a great many families in need and will be coming in again before Christmas to spend the remainder of the money.

We continue to support our local foodbanks with donations of food each week through contributions from Morrisons and from customers purchasing the green pick up packs in store. We currently support five food banks in Sheffield and Rotherham every week.

October was Black History Month and we were so proud to be able to present Yvonne Witter from Darnall Well Being with a hamper to celebrate her continued support and excellent work with the local black community.

She really is our Black History Month Hero!

Adult Learning courses with FACES (Family Adult Community Education Service)

This term, we have been teaching at Subud Centre and High Hazels Academy. You've told us how much you enjoy learning and want to do more! We want you to continue giving us your feedback but also tell us what you'd like us to deliver in Darnall,



Yvonne Witter

so we can bring you the learning that you need and want in 2023. Email us at faces@sheffield.gov.uk or send us a message on our socials.

As we head into the festive season, we will be holding winter crafts for you and your families to enjoy, so keep your eye on our Facebook, Twitter and Instagram pages for start dates and confirmation of venues.

In 2023 we will be back with Essential Digital Skills for those of you that need a qualification for work or study as well as Customer Service Skills, Health & Social Care and Childcare courses. All these courses will give you the foundation learning you need to progress into further courses with us or our partners, and can even get you into work. We will be assessing new learners on Wednesday 8 February, so please email us to book a slot for courses starting later that month. Remember, our courses are fully funded if you are in receipt of means tested benefits such as Universal Credit, JSA or ESA or if you are earning less than £18,525 gross annual salary. If you aren't sure about eligibility, then please do contact us and we will be happy to have a chat with you.

Facebook: @FACESSheffield Twitter: @FACESSheffield Instagram: @f.a.c.e.s_sheffield Padlet: bit.ly/FACES_IAG





Handsworth Boys Brigade

The 14th Sheffield Boys Brigade extend a warm welcome to all boys aged 5-15 years old to meet with us on Friday evenings 6.45pm-8.30pm at Handsworth Methodist Church during school term times.

DESA Cost of Living Crisis project

Amidst the ongoing cost of living crisis (the worst in 40 years) and coming into winter, we at DESA will be providing a warm environment along with a free hot meal at our Youth Club every Saturday.

It is hoped to offer families some support during the financial crisis.

Along with a delicious hot meal, young people can play different sports, socialise and relax in a warm and welcoming atmosphere at DESA Youth Club!

Activities include:

- Table Tennis
- Pool
- Badminton
- Computer Games
- Board games: chess, Connect 4, double, draughts, Uno



- Arts & crafts
- Tuck shops and free treats
- Thai boxing

When & Where: Saturdays at Starworks, Darnall Road Note: this will be offered at both the girls' and boys' Youth Club respectively. For more information, please contact Abdul Malik on 07445 426019.



Volunteering Changes Lives

Volunteering in your community changes the lives of volunteers and the people who benefit from their kindness. With a tough winter ahead, it's a wonderful way to improve your well-being and meet new people.

SAVTE (Sheffield Association for the Voluntary Teaching of English) trains volunteers to help people to speak English and build new lives in Sheffield. "Volunteering with SAVTE has been a wonderful experience. My confidence has grown, I feel more

connected with communities across the city, and I have gained a real friend in my learner. I'm so inspired by their progress to college and the positive impact we can have in others' lives." Emily Kuiper

SAVTE is urgently recruiting in the north of Sheffield! Help your community to speak English, empowering people to access the shops, culture, medical treatment, and friendships that make living in Sheffield a privilege, please join us for training and support here: <u>http://savte.org.uk/info/</u>



Local Learning and Support

The Source Skills Academy near Meadowhall runs a life-changing course for jobless 16-18 year olds.

Its 18-week Traineeship programme has transformed many young lives by giving people not in work or training the confidence, skills and qualifications to move out of unemployment into jobs and apprenticeships they love.

Trainees spend 10 weeks in small classes at The Source, brushing up on maths, English and employability skills, improving CVs and interview techniques.

Learning is fun, too - once a week, there are activities ranging from escape rooms, abseiling, crazy golf and Dragon's Den-style challenges to scavenger hunts, which build confidence, teambuilding and resilience.

Trainees also get 8 weeks of work experience with supportive employers including Gulliver's, Leviat Ltd, Yorkshire Accommodation Bureau, RCC Joinery, 3G Trailers and the Montgomery Theatre.

Trainees receive bus and tram passes and free breakfast.

Apply by 3 February for the 20 February course.

For details email Gareth.davies@thesourceacademy.co.uk

Unemployed and hoping for a job in the hospitality sector?

The Source Skills Academy is running a 'bootcamp' to help you.

Its Hospitality Sector Routeway courses are run with Opportunity Sheffield, the City Council's employment and skills service. After a two-week 'skills boot camp', attendees are found two-week work placements with local hotels, pubs, cafes and restaurants.

The first course in autumn 2022 included barista-training at a local coffee specialist, food hygiene, kitchen safety and cookery training with a top chef and support with confidence, CVs and interview techniques.

Gareth Urwin at The Source explains: "Employers need staff who can 'hit the ground running', but the transition to hospitality worker in a fast-paced workplace can be very difficult after a long period of unemployment." Apply to Zubair.Shahzad@thesourceacademy.co.uk

Citizens Advice Sheffield

We can all face problems that seem complicated or intimidating. It can be stressful trying to work things out on your own. At Citizens Advice Sheffield, we believe no one should have to face these problems without access to good quality, independent advice.

Community Access Points (CAPs) are where people without phone or digital access can go to video-call an adviser. You don't need any digital skills - all you do is click one button and you'll be connected to an adviser as soon as they are available. If you need to show us any forms or letters, you can scan them for the adviser to see.

CAPs are installed in confidential spaces within familiar community settings across the city.

Locations/opening hours:

Howden House, 1 Union Street, Sheffield, S1 2SH. Monday to Friday: 10am-4pm Community Space at Manor Park Centre, Sheffield, S2 1WE. Tuesdays: 9am-12pm

Jordanthorpe Library, Sheffield, S8 8DX, Tuesdays: 9.30am-12 noon, Fridays: 1.30pm-3.30pm You can also find lots of self-help advice on our website, speak to an adviser on the phone, chat to them online or in person (where suitable). However you decide to contact us, you'll receive the same helpful, expert advice.







Sheffield Olympic Legacy Park





Westfield Health Active Space

In October we opened our new 'Active Space' thanks to a kind contribution from the Westfield Health Charitable Trust. The Active Space includes an extensive range of Fresh Air Fitness outdoor exercise equipment for building strength, developing cardiovascular fitness and improving flexibility, balance and co-ordination, including two pieces designed specifically for wheelchair access. The opening event was attended by young people from Oasis Academy, UTC Sheffield Olympic Legacy Park and Darnall Education & Sports Academy and was officially opened by football star Brian Deane. The Active Space is free to use and accessible at all times. Instructions for use are on all pieces of equipment and video guides are also available on the Fresh Air Fitness app. In the Spring we plan to run some free coaching and induction sessions to help people make the most of the Active Space. Keep an eye on our social media channels for updates.

Canon Medical Systems is currently developing a new community arena with a multi purpose sports facility and integrated Medical Diagnostic Centre, due to open in Autumn 2023.

The new arena will be home to Sheffield Sharks and Sheffield Hatters basketball teams, and also available for wider sporting, education and community organisations.

The Medical Diagnostic Centre will boost access to health screening and disease prevention and will also translate elite-level health, injury and rehabilitation learnings to routine clinical practice.

Community Arena coming soon





Sheffield Olympic Legacy Park junior parkrun

sheffieldolympiclegacypark

Every Sunday at 9am - FREE 2km walk, jog, or run for juniors aged 4-14 Register once before your first visit and bring your barcode every time you take part Find out more :

@sheffieldolympiclegacypark

www.parkrun.org.uk/sheffieldolp-juniors/



@OLPSheffield

Christmas

ATTERCLIFFE & DARNALL CHRISTMAS ACTIVITIES

SAT 3RD DEC 10-2PM Christmas fayre at Church of Christ

DEC 10TH 2PM Churches together carol singing outside PSZCZOLKA Supermarket

FROM DEC 1ST

Look out for the large Angel travelling around

SUNDAY 18TH CAROL SERVICES

10:15 Church of Christ

- 10:30 Living waters
- 11:00 Baptist Church

MORE CONTACT DETAILS

BAPTIST CHURCH. Darnall Road S9 5AL. Darna LIVING WATERS CHRISTIAN FELLOWSHIP 81 Main Rd S9 5HL CHURCH OF CHRIST Station Road S9 4JT GALEED HOUSE Nidd road Darnall S9 3BB Tel 0114 244 ST ALBANS HOUSE CHRISTIAN COMMUNITY (Church Arm 20 Chapelwood Road S9 5AY

Gold Naws

CHRISTMAS WEEK Look out for the knitted Angels

CHRISTMAS EVE - 24TH DEC 2pm Carol & Christingle service at St Albans Church 11.30pm middnight mass at St Albans Church

CHRISTMAS DAY 10:00 Baptist Church 10:00 Church of Christ 10:30 Living waters

Darnallrdbaptist**ø**gmail.com in Rd S9 5HL Tel 0755 3959938 Tel 0114 249 0779 Tel 0114 244 4832 or 077106711765 (Church Army) Tel 07787578720

Angel Trail is back

At High Hazels Park over the festive season, you will find some angels asking questions to ponder on as you walk around. See if you can find all eight angels and think about the questions they are asking.

- There will also be a large angel travelling around Darnall & Attercliffe. Look out for it and see where it turns up - maybe you could take a selfie to share with us on social media tag @attercliffeCOfM on all platforms.
- Once again there will be little knitted angels hiding in the area – so keep an eye out for an angel to take home for Christmas.





Keep an eye out for the angels



Written by High Hazels Academy's Senior Student Leaders

This year's lantern parade was by far the best! This event brings hundreds of smiles, brilliant food, dazzling performances, and everyone left STAR-STRUCK!

Our community came together with their creative, unique lanterns to parade the streets of Darnall. Smiles and laughter could be seen throughout the event as families gathered to enjoy the fun-filled evening.





Communiity involvement

Is it a bird? Is it an animal?

The children of High Hazels Academy along with other children from the community entered a competition by creating spectacular lanterns. They were a treat to see! The lanterns made by High Hazels Academy were made in honour of Mr Mills who loved this time of year.

Our community has told us what they thought of the parade, and these were their highlights: Our Chair of Governors, Mr Shufqat Khan, said that he enjoyed the marching band and the community that was gathered all together. Imam Sheikh Mohammad Ismail DL said he loved the lantern parade as a whole; however, he enjoyed the fact it helped control fireworks in the area.

Vist the Peak District this winter

In tough times, we can all benefit from being outdoors. The Peak District National Park remains open throughout the winter, with many beautiful areas reachable by bus, train or car. Parking can be as little as £5 for a whole day at many locations.

Pop in to a visitor centre at Castleton, Edale or Bakewell villages for a free and friendly welcome, plus advice on where to start your day out and advice on where to walk and how to stay safe.

Start exploring at <u>https://www.peakdistrict.gov.uk/visiting</u>





Enjoying the parade

Peak District National Park and Darnall Well Being

Darnall Well Being have been offering a range of activities under the Green Social Prescribing banner over the course of 2022. They have worked with a number of local partner organisations to deliver activities for people who are feeling stressed, low in mood, anxious, lonely or isolated helping them to explore green and blue spaces to improve their state of mind.



Castleton guided walk

A number of these walks have been provided in collaboration with the Peak District National Park rangers, who have guided groups on the walks and shared all sorts of information about the local areas visited. For example, we had a fantastic walk in Hathersage, led by Peak National Park rangers. The group travelled there and back by bus, so they knew how to revisit if they wanted to – and plenty of them plan to take friends and family with them next time, too! For more information about DWB's Green Social Prescribing activities, please contact Jo: 07904 281 825 / 0114 249 6315

Darnall Well Being

Did you know that Darnall Well Being has been supporting people in Darnall and Tinsley to improve their health and wellbeing for over 20 years? We regularly consult with local people to find out what activities they would like, to make sure our activity groups appeal to as many people as possible. Currently on offer:



Darnall

Health Walks Friendly group in High Hazels Park Happy Memories with language support Dementia Cafe offering chat & hot drinks Virtual Chairobics Women only gentle exercise Women Only Multi-sports Join in with a mix of sporting activities at EIS

Making Memories Dementia Cafe Friendly Dementia cafe in Handsworth



Monday Health Walk group

Diabetes Support Group Learn how to manage Diabetes and reduce health risks Men's Health Group Meet fortnightly with local men to share lunch, a health topic and exercise Online Carers' Session Join others on Zoom who support loved ones Darnall Allotment Project Get involved at Infield Lane Allotments Craft Club Craft activities and a chat Tinsley

Conversation Group Practise speaking English - in partnership with SAVTE Women Only Yoga Mat or chair based yoga Women Only Walk Friendly group walk meeting at Tinsley Meadows School Diabetes Support Group Learn how to manage Diabetes and reduce health risks Chairobics Women only gentle exercise Online Carers' Session – grab a brew and join others on Zoom who support loved ones.



Tinsley women's yoga

More details about all of these on the activity

schedule on our website! Please book in advance for all our activities:



Phone: 0114 249 6315 Email: dwb.enquiries@darnallwellbeing.org.uk Or check out our website for more details: www.darnallwellbeing.org.uk



DWB are coordinating **Healthy Activities & Food** school holiday sessions again in Darnall and Tinsley, for children eligible for income-based free school meals. We will be running craft activities at Darnall Library plus a family trip to the Tropical Butterfly House. Places are limited - please book via Sofia on 07825 288 580. Sofia is also keen to hear from local groups and organisations who might like to get involved!

The theme of this November's **World Diabetes Day** was access to Diabetes education. Taking small, consistent steps and making it a part of your daily routine accumulates over time, resulting in a powerful and life-changing impact. Try these simple tips:



- choosing healthier carbs can significantly impact your energy and blood glucose levels cut down bit by bit each week
- Focus more on protein and vegetables to help you feel fuller for longer, but cut down on red and processed meat.
- Aim for at least 30 minutes of physical activity daily even if it's a simple brisk walk. Although it may feel like a lonely journey, DWB are here to assist you in getting closer to becoming your healthier and happier self with our Diabetes Peer Support groups in Darnall and Tinsley. Contact us on 0114 249 6315 for more details.

Local Support

Sheffield Carers Centre launches new website

The Sheffield Carers Centre is a local charity that has been supporting unpaid carers for over 25 years. It offers a range of support and information services to all adult carers in the city looking after someone (usually a family member) who is unable to manage alone due to disability, severe illness or frailty.

The Centre launched a new website in October. Their experienced support team know many people don't realise they are providing unpaid care – and think what they do is just helping relatives or friends. The new website includes a visual to help people identify if they are carers. The website also makes it easier for visitors to find information and resources that will support them in their caring role. This includes a wide range of services that people can access by 'joining'

their community of carers' for free.

For more details, visit www.sheffieldcarers.org.uk or call the Carer Advice Line on 0114 272 8362



If you're looking after someone who relies on you to provide ...



... did you know you are a carer?

Sheffield IAPT (IAPT stands for 'Improving Access to Psychological Therapies'), is an NHS service that offers a range of free courses as well as 1:1 talking therapies for adults (over 18) living in Sheffield who are experiencing problems with stress, anxiety symptoms or low mood.

We have launched our new, fully accessible website which provides further details about our service and the courses we offer: https://iaptsheffield.nhs.uk/

Patients are offered an assessment with a Psychological Wellbeing Practitioner (PWP) to explore their current difficulties and options which may be beneficial. All patients will now be given the choice of face to face treatment appointments, telephone or video,

Monday to Friday. Interpreters can also be arranged.

Upcoming Courses:

- Managing Stress Thurs 5 Jan, 5.30pm • Living well with Fatigue - Mon 9 Jan, 9.30am
- Urdu speaking low mood course Tues 10 Jan, 10am

To book an assessment:

Complete the online self-referral form on our website or telephone the IAPT admin team on 0114 226 4380. You can also discuss your wellbeing with your GP or Practice Nurse and they can help you access the service too.



Free training sessions and workshops

Helping Hands Community Hub is a non-profit organisation based in Attercliffe that Helping Hands runs training sessions and workshops to the people that need it the most - for free. We run training sessions and workshops that touch on important topics such as first aid, mental health, special needs etc details of which you can find on our website:

https://www.helpinghandscommunityhub.com/

We want to give back to our community and work to support the incredible work already undertaken in the area by existing community groups and services. Contact: hello@helpinghandscommunityhub.com











Darnall Allotment Project

It's all a lot quieter on the allotment at this time of year. Many beds are covered in readiness for Spring and some have green manure growing in them, which feeds the soil instead of us. But we do have quite a few crops growing too – garlic and onions have been planted, leeks, swede, cabbages, broccoli and kale are coming along nicely and in the polytunnel, the tomatoes and peppers have been replaced with a variety of oriental greens. We have also sown some wheat as part of the Sheffield Wheat Experiment.

Celebration of Light

We had our yearly apple juicing event, a composting workshop and a celebration of light event around a fire on a beautiful evening. We are on the plot every Friday 10am–1pm and we would love you to join us!

If you are interested in getting involved or just having a look around, no experience is needed.

Complete our online form: <u>https://forms.gle/QYvvZK52EjJgnQLKA</u> Or contact Sarah at darnallallotmentproj@gmail.com / 07415 025919 Follow us on <u>https://www.facebook.com/darnallallotmentproject</u> or <u>https://www.instagram.com/darnall.allotment/</u>



Apple juicing day



Current weekly activity schedule at **Galeed House**, located on Nidd Road are:

Welcome Space Soup and Bread - every other Tuesday 11am-1pm
Men's English - Monday and Wednesday 10.30am–12 noon
Women's English - Friday 11am-12 noon
Women's sewing and English conversation and free lunch - Thursday 10.30am-1.30pm
Kids club (years 1-6) / Girls club (years 7-10) - Tuesdays term time only 5.30pm–6.30pm
Check our website www.galeedhouse.org.uk or contact Amer on 07710 671175 for more details



FREE Careers Service for Adults

CV Development – support to compile a CV or develop and enhance your existing CV **Training Opportunities** – information and signposting to training & qualifications which can help you back into work, including information regarding Rapid Response to Redundancy **Interview Preparation and Performance** – support to prepare effectively for face to face, telephone or video interviews including interview practice (using Skype or Microsoft Teams) **Skills and Interests Assessment** – help to identify your existing skills and areas for development and use these to identify new career paths

Understand the local labour market – what employers are recruiting in the area **Job Search Support** – provide information on where to look for jobs and how to apply for them. **Application Form Support** – support you to complete job applications

To book a 1-1 appointment with one of our qualified careers advisers or to find out more about our workshops, call: 0114 279 9760 or **Shaw Trus**



email: adultcareersadvice@prospects.co.uk

Local Churches

St Albans Christian Community, 20 Chapelwood Road, S9 5AY



🖪 🞯 🔰 @AttercliffeCofM

Carol Service on Christmas Eve at 2pm a short service with the Christmas story, singing, lots of fun and Christingles (Don't know what they are? Come along and find out!) followed by a hot drink and mince pies. All welcome – and there will be an opportunity to dress up as one of the characters from the nativity story. See you there. This Christmas we will be trialling our after-school activity "Creative Christmas" hoping to do it more regularly in 2023. Children MUST be accompanied by an adult.



@attercliffecofm



Church of Christ in Darnall and St Alban's Festival Church

Church of Christ, Station Road, Darnall, S9 4JT. Contact 0114 272 6009 Follow us on Facebook: https://www.facebook.com/churchofchristindarnall/ **St Alban's Festival Church**, 20 Chapel Wood Road, S9 5AY. Contact 0114 249 0779 Follow us on Facebook: https://www.facebook.com/StAlbanssheffield/

Monday Sisterhood 2:15-3pm (fortnightly) Tuesday Prayers 1.30pm, Bible Study 2-3pm Wednesday Coffee Morning 10am-12 noon. Time Aside Toddler Group 10-11.30am £1.50p per child, includes drink & snack. Food Bank Collection Point Thursday Coffee Morning at St Alban's 10-12 noon Friday Coffee Morning + Food Works 10am-12.30pm Food Bank Collection Point Sunday Service 10.15am

Classes at Church of Christ

Monday Tai Chi (6-7.15pm) Contact: Margaret 07592 440 124 **Thursday** Tai Chi (2-3pm) Contact: Sandra 07860 247 052

Roshni classes - Tel: 0114 2508898

ESOL classes Contact: faces@sheffield.gov.uk



Use would love to see you Darnall Community Gosper Choir DCGC Everyone Welcomel Church of Jesus Christ Apostolic To Prince of Wales Road, Darnall,Sheffindig, 53 420

Do you enjoy singing or play an instrument? **Darnall Community Gospel Choir** are looking to recruit singers and musicians to be part of their choir. The choir meet in person and via Zoom. Monday evenings 7-8pm (term time only) Church of Jesus Christ Apostolic, 778 Prince of Wales Road. Singing is a great way of improving your wellbeing!

St Mary's Church, Handsworth



St Mary's Community Garden Allotment is located behind St Mary's Church on Handsworth Road, with access via the Old Rectory car park. We welcome all in the community to join us to learn new skills, to grow and share produce,

meet friends and exercise outdoors. We meet every Tuesday 12 noon-4pm and other times for keen volunteers. No experience is necessary, and tools will be provided. Follow us on Facebook for more information.



Lord Mayor, Sioned-Mair Richards Officially Opens Tinsley Library

Tinsley Library was officially opened by the Lord Mayor of Sheffield, Sioned-Mair Richards on 22 September 2022. The Lord Mayor has a real passion for books and was thrilled to attend the opening of the library, which was also attended by the Head Teacher and children from Tinsley Meadows, ward councillors, South Yorkshire Police, council and library officers, VAS, Imam Zafarullah Khan, and of course, local residents. The opening was a great success with the Lord Mayor kept busy throughout, having pictures taken with local children and residents, and talking with everyone about her love for books.







Guests enjoying the opening

The library is currently open Tuesdays between 10am-2pm and Thursdays between 10am-12 noon for a coffee morning and 1-5pm on Thursday afternoons.

We are looking to extend opening hours and are looking for local volunteers to help with this. If you are interested in volunteering, pop into the library, call Anne on 0114 244 4887 or email tinsleylibrary@gmail.com or anne@tinsleyforum.co.uk.

Find out more about the Lord Mayor's Big Read at <u>www.sheffield.gov.uk/libraries-archives</u>

Halloween at Tinsley Library









Children in fancy dress joining in Halloween activities. Look out for Christmas activities in the library, coming soon.

Puppy Socialising with Support Dogs

Brightside-based charity Support Dogs are looking for volunteers to look after their puppies and dogs as they progress their way to becoming lifesaving support dogs. The charity is looking for volunteers who can become puppy socialisers and help home and care for a puppy from 8 weeks of age until they are 14 months old and able to start full time training. They are also looking for volunteers to provide bed and breakfast for older dogs going through their training programme with the charity.

Support Dogs trains life-saving assistance dogs for children and adults affected by autism, epilepsy and disability.

Find out more at <u>www.supportdogs.org.uk/volunteer</u> We cover all food and vet bills.



Could you volunteer?



Local Outdoors



Canal volunteers celebrating

Volunteers achieve national award for Sheffield & Tinsley Canal

Waterways charity Canal & River Trust are proud to announce that this year for the first time, Keep Britain Tidy has awarded a Green Flag Award for a mile long stretch of the Sheffield and Tinsley canal - between Victoria Quays to Bacon Lane Bridge! The Green Flag Award is a national mark of excellence, given to parks, gardens and green spaces that are well cared for. Thanks to the efforts of our fantastic

volunteers, partners and businesses who have supported the work to improve our towpaths, we have been able to transform the previously underused urban stretch of waterway into now, a welcoming haven where communities can enjoy being by the water! We are looking to start phase two of work soon, which aims to increase the length of these towpath improvements. If you are interested in supporting us, our towpath taskforce offers a great way to meet other local Trust volunteers/staff and learn new practical skills. For more details and how to join, please contact Louise.Linley@canalrivertrust.org.uk



Netball in High Hazels Park

Sheffield New Muslim (Sisters) got together in lockdown with a netball and found a new love for the sport. They met, and still do, every Sunday morning from 9.30-10.30am, at High Hazels Park to play. This developed into a coached session from an England Netball coach. After learning their new skills, the ladies were ready to play a competitive friendly match. They got in touch with South Yorkshire's Netball Development Officer to see if there were any local

The Back to Netball players

teams of a similar level to play and experience a full game of netball.

Another Sheffield based Back-to-Netball session, Parkhead Netball (Back-to-Netball at Mercia School), gathered ladies together and arranged a friendly match at Bingham Park's newly revamped netball/basketball court.

The game was full of fun and laughter, and lots of lessons of the game were taught by a fantastic umpire who controlled the game. The ladies are looking forward to their next friendly fixture!

'Back to Netball' is a series of sessions that introduces people back to the sport of netball. It's primarily for women who haven't played for a long time or have never played at all and are

complete beginners! You can find your nearest sessions at:

<u>https://www.englandnetball.co.uk/session-finder/</u> or get in touch with your netball development officer

Beccy.Lewis@englandnetball.co.uk

or @NetballinSYorks







The players in action



Winter Wellbeing



Welcoming Places and Coffee Mornings

As the colder season draws nearer and times have become financially difficult, it's easy to feel isolated, perhaps even feel as if you're drifting apart from your community. If you want someone to talk to or just unsure as to how you can contribute as a member of your community, why not come along to a Welcoming Place or coffee morning?

Besides enjoying a warm cup of coffee, connecting with others in your community can help you take a break from the noise of life and uplift your spirits. You may even learn more about yourself or find a new area of interest through others.

Welcoming Places

All over Sheffield, community venues are opening their doors to act as Welcoming Places this winter. You can find them here: <u>https://www.vas.org.uk/sheffield-living-crisis-map-of-support/</u> We have also listed all the current Welcoming Places that are open in S9 (as at 22 November):

🥡 Welcoming Places in Darnall & Tinsley		
Darnall Education & Sports Academy Darnall Education Centre, Darnall Road, S9 5AF	Sat: 10.30am-12.30pm (Girls) Sat: 7pm-9pm (Boys)	Warm environment, drinks & snacks available, place to charge devices
Darnall Family Centre 563 Staniforth Road, Sheffield, S9 4RA	Mon - Fri 9am-6pm	Enabling and supporting expectant parents, babies, children, and their families to have a great start in life.
<mark>Darnall Library</mark> Britannia Road, Sheffield, S9 5JG	Mon, 12.30–6.30pm Tues & Fri, 10am–5.30pm Wed, 10am–2pm Sat, 10am–4pm	Host and run a wide range of events and activities as well as library services and free access to computers and the internet.
<mark>Darnall Road Baptist Church</mark> Darnall Road, S9 5AL (Eleanor Rd entrance)	Fri 12.30-2.30pm	Hot drinks, soup and a roll, cakes, games, chat, quiet space.
<mark>Darnall Well Being</mark> Darnall Primary Care Centre, 290 Main Road, S9 4QH	Mon 12.30-2pm	Hot drinks, information about activities and services locally, help to use a device to get online safely.
English Institute of Sport Coleridge Rd, S9 5DA	Mon - Fri, 6.30am-9pm Sat and Sun, 9am-5pm	Access to common areas, where there will be heating & seating, plus access to water and free Wi-Fi.
<mark>Galeed House</mark> 75 Nidd Road, Darnall, S9 3BB	2nd and 4th Tues of the month, 11am-1pm	Drop in for a chat, a bowl of homemade soup and a hot drink. Free internet access.
Ice Sheffield 23 Coleridge Rd, S9 5DA	Mon-Sun, 6am-10pm	Access to common areas, where there will be heating & seating, plus access to water and free Wi-Fi.
Living Waters Community Cafe 81 Main Road, S9 5HL	Wed, 1-3pm	A drink, warm space, listening ear, free Wi-Fi, clothing and books to take for free.
Pakistan Muslim Centre Woodbourn Road, Sheffield, S9 3LQ	Mon - Thurs 11am-5pm	Access free WiFi, charge your device, free tea and coffee.
<mark>St Mary's Community Hub</mark> 402b Handsworth Road, S13 9BZ	Mon 1 - 4pm	Hot drinks and a place where people can meet and keep warm. Free WiFi.
Tinsley Library 120-126 Bawtry Rd, S9 1UE	Mon - Thurs 11am-5pm	Access free WiFi, charge your device, free tea and coffee.

Food Works Sheffield

Food Works run a hub 11am-3pm daily in Handsworth - Unit 12-14 Portland Business Park, Richmond Park Road, S13 8HF. Market Boxes and Just Meals containing surplus foods are available here - pay what you can afford, with a minimum contribution of £1. Church of Christ in Darnall is a Partner Hub for Food Works Sheffield. Every Friday 10am-12.30pm, you can go along and choose from a great selection of freshly prepared, frozen meals to take home. All meals £1 - made from surplus and locally sourced food.

More information about Food Works here: <u>https://thefoodworks.org/</u>



Food Banks

You must have a referral to access a Food Bank. Contact Darnall Well Being on 0114 249 6315 and we can refer you to Burngreave and Handsworth Food Banks.