Summer 2022

COMMUNITY CONNECTOR

A newsletter for people in Darnall, Tinsley, Attercliffe and Handsworth



School children enjoying the 'Colour Smash' at the Olympic Legacy in Action event - more on p7

Hello!

Welcome to the summer Community Connector! This time, we're bringing you information about local holiday activities for school children, as well as sharing what's been going on in our area over the Platinum Jubilee and lots of ways to get involved in your area. We always welcome new content; please get in touch if you have something you'd like us to share next time - we'd love to hear your views!

Is there something you think we should cover next time?

Please get in touch with your suggestions to: communityconnectordarnall@gmail.com

If you need a large print version of the newsletter, please contact us at the email address above, and we will provide one.

Waxaad ku soo Dhawaataan nuqulka qoraalka warsidaha ee soo baxay xiligan Xagaaga. Waxaanu rajeyneynaa inaad ku faraxsantiin warbixinta ku saabsan waxqabadyada iyo caawimooyinka ka socda xaafada

আমাদের নিউজলেটারের গ্রীষ্ম সংস্করণে স্বাগতম। আমরা আশা করি আপনি আমাদের স্থানীয় এলাকায় সকলের জন্য উপলব্ধ কার্যকলাপ এবং সমর্থন সম্পর্কে তথ্য উপভোগ করবেন

Vitajte v letnom vydaní nášho informačného letáku. Dúfame, že sa vám budú páčiť informácie o aktivitách a podpory, ktoré sú dostupné všetkým v našej oblasti!

مرحبًا بـكم فـي إصدار الصيف مـن نـشرتـنا. نـأمـل أن تـستمتع بـالـمعـلومـات حول الأنـشطة والـدعم الـمتاح لـلجميع فـي مـنطقـتنا

ہم آ پکو اپنے نیوز لیٹر (موسم گرما ایڈیشن) میں خوش آمدید کہتے ہیں۔ ہمیں امید ہے کہ آپ اپنے مقامی علاقے کی سرگرمیوں اور تعاون جو ہم سب کے لیے دستیاب ہے، ان کے بارے میں پڑ ہ کر لطف اندوز ہوں گے ۔

This newsletter has been published and distributed thanks to funding from:









Youth Club at Clumber Park

Community Youth Services continue to deliver open access youth provision in Darnall on a Monday and Wednesday evening, 6-8pm at Darnall Education Centre. All welcome, aged between 12 and 17. Young people have taken part in a number of sports activities including cricket and swingball. A mini football tournament on Phillimore football pitch ended with the winning team receiving medals, and player of the match won a Meadowhall voucher. Youth workers have delivered a curriculum around healthy relationships and respect, and had discussions with young people about being respectable

residents in the community, and avoiding conflict with their peers. We also deliver activities in school holidays. Recently, young people went mountain biking in Clumber Park, ice skating and, in partnership with community organisations, we held an event on 1st June to celebrate the start of Roma, Gypsy, Traveller History Month. Roma Jilo showed off their dancing prowess, Yorkshire Youth Music provided a multitude of musical instruments for young people to try out and Greentop Circus delivered a workshop. We also had Darnall Well Being,

Church Army, SAVTE, South Yorkshire Police and Library Services engaging families and offering information and support. We had approximately 60-70 young people and families attend. We are currently working in collaboration with young people to plan the next three months' delivery and activities over the summer holidays. For more information, please email youth.services@sheffield.gov.uk or shelly.burrell@sheffield.gov.uk

High Hazels Park Survey

Thank you to everyone who has completed the High Hazels Park Survey on Citizen Space we've had over 200 responses! Parks and Countryside will now create a report detailing all the results. These will be available online via Citizen Space (look out for the link on the Darnall Well Being Facebook page). A summary article will also feature in the next edition of Community Connector. If residents have given us lots of ideas and feedback about the

park, we may need to do some additional fundraising and/or extra consultation to go more in depth with specific groups. If you would like to know more or ask any questions about potential improvements at the park, please email: sarah.poulter@sheffield.gov.uk



Sheffield's street trees Darnall, Sheffield

Sheffield City Council is working with The University of Sheffield to explore resident's perceptions about existing trees and potential for new trees in their streets in Darnall. The research will contain visual images demonstrating what the streets of Darnall would look like with the presence of trees, similar to the ones attached.

If you are interested in sharing your thoughts on street trees and the possible implementation of street trees in Darnall, please complete the questionnaire OR code below.









Scenes from High Hazels Park

Tinsley Forum Local Life

FREE EMPLOYMENT SUPPORT HELP AND ADVICE FOR WORK AND TRAINING BASED IN - DARNALL, BURNGREAVE and TINSLEY

FREE FORKLIFT TRUCK TRAINING Providing pathways to employment POTENTIAL JOBS INCLUDE: **Brokering training provision** CLEANING Candidates will gain 4 gualifications in 2 weeks of attendance Debt, benefit and financial advice **CARE WORK** Level 1 Certificate in Warehouse and storage Job matching RTITB Counterbalance Forklift Truck Certificate of Training ADMIN **CV** workshops RTITB Reach Forklift Truck Certificate of Training **Mock interviews** WAREHOUSE DRIVING Level 2 Award in FLT Operations Work experience placements SECURITY Training / skills tasters **CALL CENTRES HOSPITALITY** Candidates must be 19+ and in receipt of eligible 1:1 Individual Advice and Guidance & MORE!! Support into voluntary work benefits to qualify for the course for free To find out more about employment support in One Work BURNGREAVE, DARNALL or TINSLEY, please telephone us nformation on: ZAHEER / TAMMY: (0114) 2132307 nd advic ANNE: (0114) 2444887 Do you need or Email us at: Suppor zaheerahmed@burngreaveworks.org.uk help to find tammypiercey@burngreaveworks.org.uk a job? anne@tinsleyforum.co.uk European Union Pathways to Success, part funded chnigu European by the European Social Fund

Tinsley Community Allotment

This summer at Tinsley Community Allotment we will continue to run our afternoon sessions from 1-3pm on Fridays. These sessions are open to anyone who wants to come along and help us do some gentle gardening. We welcome help with watering, weeding and harvesting crops. If you prefer, you are welcome to just sit and enjoy the green space. Children are welcome, but must be accompanied by an adult. We will be closed for one week on September 2nd. After this, our Thursday morning toddler group will resume.

If you have any questions email us on tinsleyallotment@gmail.com, look us up on Facebook, or just drop in to say hello. We can be found in the car park behind Tinsley Forum, at 120 Bawtry Road, S9 1UE.



Tinsley Allotment in bloom



The East Local Area Committee organised a 'Day of Action' to address some common concerns in an area of Tinsley. Officers from the Police, Environmental Protection, Waste Management, Sustainable Wardens and the Local Area Committee paced the Tinsley streets to chat to residents, report instances of fly tipping, untidy gardens and litter, and deliver leaflets about disposing of waste correctly. An Amey van followed the group to collect the rubbish and fly tipping reported on the highway, and 18 Enforcement Notices will be served on waste dumped on private land and gardens. In addition, a renowned patch of fly tipping on Bawtry Road has been cleared and secured to prevent further dumping.

Social Fund



An update from PMC in Darnall

Pakistan Muslim Centre (PMC) is an old Victorian building on Woodbourn Road, that has been at the heart of the South Yorkshire South Asian Community for many years. Many people will remember going to

weddings and parties there, and previously, there was a range of other activities that happened there. As we hopefully move on from Covid, we are wanting to develop a range of activities across the whole community, including lunch club, sports and educational activities for younger people, use of computers for CV preparation, job search, homework club and coding club, and enabling access to advice support, including how to reduce energy bills.

We are looking to people from across all communities to get involved in the development of the Centre, and to come forward with ideas, and offers of help. We are determined that PMC can become a key building for other agencies to base their activities there, and again welcome any interest from any organisation that might like to have a base here. Please come and have a look around.

Please contact Jim Steinke, Funding and Development, jim.steinke102@yahoo.com or Irfan Khan, Chair PMC, on 07947309163.



A celebration event at PMC

Refurbishment work is well underway. Our "Urban Cafe" will be opening in the next few weeks. Currently we are able to offer squash, football, ladies football, line dancing, badminton, rounders and walking clubs. As the work continues to be completed, many other activities will be available, including Zumba, gym (including ladies only sessions), chair

DFA will also be continuing to offer its very successful Summer Healthy Activity Camp during the school holidays, as well as a new Summer Club

exercise, community coffee mornings, and many more.



Welcome to Darnall FA's new facilities.

As many of you may already know, Darnall FA has managed to secure a gem in Darnall - Davys Sporting Club, 630 Prince of Wales Road, S9 4ER, now known as "The Urban Centre".

We understand the social and cultural needs of our very diverse communities, and our aim is to create a warm, friendly and welcoming space for everyone.

this year.



Grass pitches at the Urban Centre



Urban Cafe

Please check out our social media platforms for the latest news and updates, or feel free to give us a call on 07770 397658 if you require any further information. We look forward to seeing you all soon.



Darnall Tenants and Residents Association (TARA) - update from Kinder Kalsi

Thank you to all those who came to the AGM. We now have a new chair, Beryl, Ted is the secretary, and Christine is the treasurer, plus three committee members.

Don't forget if there are any local issues or questions you'd like to ask, the Darnall TARA is open every Monday between 10 and 12pm.

Darnall TARA Trips for 2022

Here is the updated list of trips for 2022. If you would like to go, pop into the TARA office on Mondays between 10 and 12 to book your place, or call 0114 2212672.

Sunday 7th Aug - Llandudno, Saturday 8th Oct - Bury Market

Adults £10, Children £5, all trips leave at 8am

DESA's Sporty Summer

DESA are delivering free Holiday Activities and Food! Sports include football, cricket, dodgeball, swimming and other fun physical exercises. Outdoor trips to include: Manchester City Stadium Tour, trip to the beach and other exciting adventures!

Location: Kashmir Gardens Park, S9 5AD

<u>Times:</u>

Every Tuesday & Wednesday 11:30am - 1:00pm 5–10-year-olds 1:00pm - 2:30pm 11–16-year-olds Every Thursday outdoor trips will be on offer

Delicious buffet will be provided at no cost for those on Free School Meals.

Boys and girls welcome.

To register your child/ren please complete the following registration form: https://forms.office.com/r/XKme5DphqH

For further information please contact Abdul Malik on 07445 426019.

The Canal and River Trust runs free workshops and events based on the canal around Attercliffe and Tinsley and also closer to the city in Victoria Quays. We have our own canoe hub at Tinsley Marina and offer free paddleboard and canoe taster sessions throughout the holidays plus some evenings and weekends. We host fishing sessions, walks, family events, forest schools,

fun days, themed regular walks and more. We also host a craft group on Fridays 10am-12noon in Victoria Quays, and a regular volunteer programme.

Sheffield Waterfront Festival, a large family festival, is taking place again this year on the 17th September at Victoria Quays and Attercliffe Moorings. Please contact jade.wilkes@canalrivertrust.org.uk for more information. We are currently looking for activity providers, stallholders and food traders so expressions of interest are very welcome.



2021 Waterfront Festival

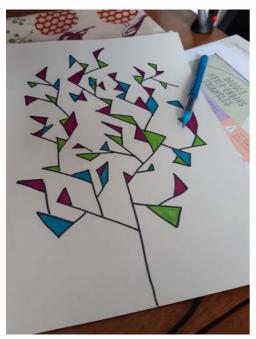


Local Learning

FACES (Family Adult Community Education Service)

It's been a wonderful journey for FACES within the Darnall community. We've loved meeting everyone who has attended our courses and workshops, and we want to offer you even more - so you'll be pleased to know that we will be back in September 2022 with a full timetable of courses!





Artwork from a recent FACES session

If you are interested in digital skills, childcare, family history, customer service skills, and health and social care, then contact us early to book your place. We are available for you to talk to throughout the summer.

If you can't wait until September, then come along and experience the benefits of doodling and drawing. Our Family Learning tutors are running 4 sessions at Darnall Library starting Tuesday 21st June from 12.30pm- 2.30pm. Art is not only good for your wellbeing, but it will improve your English and maths skills in a very creative way. The activities are free and fit in with the school curriculum, so you will be learning how to help your children improve their skills.

For more information and updates

Email: faces@sheffield.gov.uk Phone: 0114 229 6144

Facebook (@FACESsheffield) Instagram (@f.a.c.e.s_sheffield) Twitter (@FACESsheffield) Padlet: <u>http://bit.ly/FACES_IAG</u>



SAVTE - Connecting People

SAVTE Free English Conversation Classes

A chance to improve your English in welcoming and friendly groups for all. **Monday** 10am - 11.30am <u>Online Conversation Group</u> (by referral only) **Tuesday** 10am – 12pm <u>English Conversation Group</u> in partnership with Darnall Well Being, at Tinsley Community Centre, 1B Ingfield Ave, S9 1WZ **Friday** 9.15am - 11.15am <u>English Conversation Group</u> at Woodlands Community Hub, 83 Fisher Lane, S9 4RP

All sessions are for men and women aged 18+. No childcare provided. For more information about any of these groups, please contact SAVTE: Phone: 07593 725990 or Email: savte@savte.org.uk. <u>http://savte.org.uk/</u>







Back to Netball is a fun and friendly re-introduction to the sport, now on at High Hazels Park. It is for women of all ages and levels of experience, but sessions will be specifically designed to cater for those who have not played for an extended period. Whether you have not played since your school days, want to improve your fitness in a relaxed environment, or are just looking for a great place to meet new friends and stay active, Back to Netball is

the place for you. Sessions cover the basics of the game including passing, footwork and shooting, and finish with a friendly game. You do not need any special kit to take part - just clothes you feel comfortable exercising in and suitable footwear. Please bring some water to your session.

Sheffield Olympic Legacy Park

www.sheffieldolympiclegacypark.co.uk

What a wonderful weekend we had at the '**Olympic Legacy In Action'** event at Sheffield Olympic Legacy Park in June, as we celebrated the 10th anniversary of London 2012 and Sheffield's annual **Move More Month.** Three days of fun, sun and smiling faces as schools, community groups, friends and families got involved by taking part in a range of activities and taster sessions.

<u>Friday 17 June</u> - 55 schools and 1,000 students took part in the schools event in EISS, iceSheffield and on the pitch. The highlight was the colour smash run and even the Lord Mayor got involved!



<u>Saturday 18 June</u> - 32 different activities, delivered by 33 wonderful local and city wide community partners, attended by over 1,000 people. It was amazing to see everyone working together as part of the Move More vision to create a healthier, happier and more connected Sheffield.



<u>Saturday 19 June</u> - 120 participants took part in an inclusive football event on the 3G pitch, organised by Leisure United and Sheffield & Hallamshire FA. A great event, with more medals!



If you took part in the weekend we hope you enjoyed it as much as we did and would love to hear your thoughts and feedback. Please contact **info@olympiclegacypark.co.uk**





sheffieldolympiclegacypa



@sheffieldolympiclegacypark



Sheffield Olympic Legacy Park junior parkrun

Every Sunday at 9am - FREE 2km walk, jog, or run for juniors aged 4-14 Register once before your first visit and bring your barcode every time you take part Find out more :



www.parkrun.org.uk/sheffieldolp-juniors/

Platinum Jubilee Celebrations

There were numerous celebration events in our area to mark the Queen's Platinum Jubilee in June. Here are some photos and stories from them!



Did you spot this fantastic woolly postbox topper in Handsworth? We'd love to know who made it!





Amongst their celebrations, the Parish Church of St Mary the Virgin in Handsworth held an organ recital, a teddy bear parachute jump from the tower, and a demonstration led by Handsworth Sword Dancers.





Making Memories Dementia Cafe enjoyed a wonderful afternoon tea party as their part of the celebrations. Darnall Well Being and St Mary's Community Hub run the fortnightly Dementia Cafe in partnership. Volunteers and attendees made bunting and other decorations for the event, which is for people living with Dementia and their carers. On the day, everyone joined in with traditional games, danced to live music, and shared a delicious afternoon tea! There were coins and books from the time of the coronation, to help people reminisce. Lots of attendees loved joining in with local vocalist Donna Bell's singing, and even those with late stage Dementia were engaged by the music.

Platinum Jubilee Celebrations

Darnall Allotment Project opened to the community for their Platinum Jubilee celebrations on a beautiful sunny morning, offering local people the chance to explore the plot, play traditional games, eat together and take home produce and plants from the plot, too.



St Albans House Christian community came along and provided activities like giant bubble making for all to enjoy.





Hook a duck and the coconut shy were both popular!

On The Plot is a weekly arts-based session at Darnall Allotment Project, run by Darnall Well Being for people living with Dementia and their carers. They held not one, but two, Jubilee events! The week before the Jubilee, they shared their memories of the Coronation and previous Jubilee celebrations, and the week afterwards, they came together to enjoy a picnic on the allotment. They also created artwork connected with the Jubilee theme.



Janet, seen here with a Queen mask on, shared her memories of the Coronation, from when she was a child growing up in Sheffield. She remembers everyone crowding around a little black and white TV to watch the ceremony, and being at a family party in the garden.







Old coins, books and plates from the time of the Coronation helped older people talk about their memories - including how petrol was just 50p a gallon in 1972! Younger attendees were really interested to see the old coins and learn about the costs of things back then.

Darnall Well Being

Our current regular group activities include:

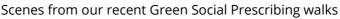
- *3 walking groups (High Hazels Park, Tinsley and Oasis Academy Don Valley)
- *2 Dementia Cafes (Handsworth and Darnall)
- *Dementia-friendly allotment session (Darnall)
- *Conversation group in partnership with SAVTE (Tinsley)
- *Men's Health Group (Darnall) *Chairobics (Tinsley in person, Darnall online)
- *Craft Group (Darnall) *Carers' Support Group (online)

Please book in advance for all our activities:

Phone: 0114 249 6315 Email: dwb.enquiries@darnallwellbeing.org.uk Or check out our website for more details: <u>www.darnallwellbeing.org.uk</u>

We are very excited to coordinate **Healthy Activities & Food** sessions once again in Darnall and Tinsley, for children eligible for income-based free school meals, as one of Manor & Castle Development Trust's partners. During summer 2022, we will be running free sport and creative activities, with food provided, at EISS,

Darnall Library and Tinsley Allotment in partnership with: On The Move, Ignite Imaginations, Darnall Library, Steamworks, and Tinsley Allotment. Please get in touch with DWB or On The Move for more information and to book a place (for children 5-15 years old in full time education): Sofia 07825 288580, sofia@darnallwellbeing.org.uk or Lee 07817 699563, lee@onthemove.org.uk



Green Social Prescribing

Darnall Well Being is supporting people from Darnall, Tinsley and Handsworth in group activities to access different green spaces within Sheffield, South Yorkshire and the Peak District national park, with funding awarded by South Yorkshire & Bassetlaw Green Social Prescribing Grants programme.

The project is aimed at people who are experiencing isolation and loneliness, living with long term health conditions such as mental health. We support them to remove barriers in accessing green spaces, to improve physical and mental health and general wellbeing. All the walks are guided, and are supported by our staff and volunteers. The project provides transport expenses to encourage people to access the spaces by using public transport. This initiative will enhance people's confidence and knowledge, so that they know how to revisit the locations we go to with others – and we're finding that plenty of participants are keen to take family and friends back to show them newly discovered places!

People living in Darnall, Tinsley and Handsworth can be referred to our Green Social Prescribing sessions by a GP or other healthcare provider, or they can refer themselves direct. If you'd like to book onto any of these walks with us, please contact Jo:

07904 281825/0114 249 6315 or by email: joanne.hopkinson@darnallwellbeing.org.uk





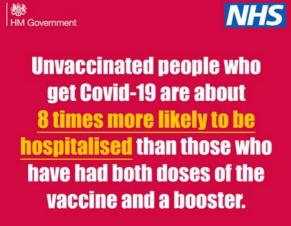




It's not too late to have your Covid-19 vaccine

We may be "living with Covid", but that doesn't mean the virus has gone away. Cases are still high and some people, such as those with underlying health conditions, the elderly or pregnant women, are still at risk of serious illness or hospitalisation if they catch the virus.

The vaccine has been one of the best defences against the virus. When fully vaccinated, your risk of being hospitalised falls by about 90%.



GET BOOSTED NOW

nhs.uk/covidvaccination

Not had chance to have your Covid vaccine yet?

It's not too late! There's still time to have your first, second and booster doses. Book online or attend a walkin clinic today: <u>https://www.sth.nhs.uk/news/news?</u> <u>action=view&newsID=1322</u>

As well as protecting those most vulnerable from Covid, and reducing the severity of the symptoms if you do catch it, having the vaccine may make international travel easier. Some countries may only let you in if you are

double jabbed against Covid. Get jabbed and clear for take-off with the Covid-19 vaccine!



SCCCC Pen Pal Scheme

Raining? Need a little project to do with the kids over the summer holidays? Why not get them involved in SCCCC's pen pal scheme?

Sheffield Churches Council for Community Care (SCCCC) has been supporting isolated, older people since 1966 through their Good Neighbour friendly visiting scheme. But when the pandemic hit, face to face visits with volunteers were suspended. So the pen pal scheme was created to keep vulnerable, lonely people in Sheffield connected during the lockdown. Since its launch in March 2020, they have received over 4,500 pieces of correspondence from members of the public, providing happy post for isolated people in our communities.

Write a letter - There is nothing nicer than receiving a handwritten letter through the post. Simply write Hi or Hello, talk about yourself, your family, your hobby, and your hopes for the future.

(Don't add any personal information to the letter, like your address) **Draw a picture** - Some of our service users are partially sighted and can't read handwritten letters without help. Simply send a postcard, draw or paint a picture and add the simple message 'Thinking of you' This will make their day! A few tips: Use bright contrasting colours, tactile materials and thick felt tip pens.

Once completed pop them all into an envelope and send them to SCCCC Pen Pal Scheme, Unit 19 President Buildings, Saville Street East, S4 7UQ. (These items will be vetted before they are sent to our service users)

John (not his real name) was referred to SCCCC from Darnall Well Being in April 2022 where he'd indicated that he would like to receive letters as part of their pen pal scheme as he was feeling isolated. John's pen pal Kate, wrote to him about gardening, which he loves, and about her trips to the Yorkshire coast, where he has family links. He has written back twice now, which he says gives him hope and a feeling of "doing something". John says he reads the letters when he feels down, and that he can cope with the rest of the day.



pal card recipient



Galeed House Birthday

On April 30th and in the week following, Galeed House opened its doors to celebrate 21 years since the house was opened. Galeed means "place of meeting" and the vision of the Christians who founded it was to provide a space for all the diverse members of the community in Darnall to meet in peace and friendship, to break down barriers of hostility and grow in understanding and appreciation of our differing cultures and faiths. That vision has not changed over the years and Galeed continues to offer free English classes for both men and women, after school and holiday clubs for children and a ladies' sewing class with friendship and conversation, followed by a free lunch. Over these many years, our volunteers have built deep friendships with the

Galeed House birthday celebrations

people of Darnall and we maintain the same desire to welcome all who live and work in Darnall to join our activities.

Whoever you are, please drop in to see what we do or get in touch to find out more. Contact Louise on admin@galeedhouse.org.uk or Amer on 07710671175 - or check our website <u>www.galeedhouse.org.uk</u>.



Current Weekly activity schedule

<u>Men's English</u> - Monday and Wednesday, 10.30 – 12 <u>Women's English</u> - Thursday, 11- 12 <u>Women's Sewing</u> followed by free lunch -Thursday drop in between 10.30 and 1.30pm <u>Kids' club (years 1-6) / Girls' club (years 7- 10)</u> Tuesdays in term time, 5.30 – 6.30 pm



Galeed House birthday cakes

Darnall Allotment Project

Everything on the allotment is growing nicely... including the weeds! It's a big job keeping on top of them. We are also doing a lot of watering right now. But all this work will pay off when we are harvesting our courgettes, sweetcorn, beans, potatoes, aubergines, sweet potatoes and more.

We had a wonderful Jubilee celebration on the plot, with 56 people attending. There was a coconut shy, tin can alley, hook a duck, royal memorabilia, a raffle, plants to take home and, of course, a feast fit for a queen!

We are on the plot every Friday, 10am – 1pm and we would love you to join us!

Jubilee celebrations on the plot

If you are interested in getting involved or just having a look around, no experience is needed – Complete our online form https://forms.gle/QYvvZK52EjJgnQLKA

Or contact us at darnallallotmentproj@gmail.com / 07415 025919. You can also follow us: https://www.facebook.com/darnallallotmentproject or https://www.instagram.com/darnall.allotment/



Local Churches

St Albans Christian Community, 20 Chapelwood Road, S9 5AY







St Mary's Church, Handsworth <u>St Mary's Community Garden Allotment</u> is located behind St Mary's Church on Handsworth Road, with access via the Old Rectory car park. We welcome all in the community to join us to learn new skills, to grow and share produce, meet friends and exercise outdoors. We meet every Tuesday, 12 – 4pm, and other times for keen volunteers. No experience is necessary, and tools will be provided. Follow us on Facebook for more information.

<u>St Mary's Community Hub Craft & Natter</u> is held every Thursday 2.00 – 4.00pm. Everyone is welcome to bring along a craft project and join us to make new friends and share skills. We are especially looking to welcome those who feel isolated, lonely or are looking to build their self-confidence. For further information contact Alison at alison.c.powell@outlook.com or call 0114 2692403.





Church of Christ in Darnall and St Alban's Festival Church

Church of Christ, Station Rd, Darnall, Sheffield S9 4JT. Contact: 0114 272 6009. Follow us on Facebook: <u>https://www.facebook.com/churchofchristindarnall/</u> **St Alban's Festival Church**, 20 Chapel Wood Road, S9 5AY. Contact: 0114 2490779.

Follow us on Facebook: <u>https://www.facebook.com/StAlbanssheffield/</u> **Monday** Sisterhood 2:15pm to 3pm

Tuesday Prayers 1.30pm, Bible Study 2-3pm
Wednesday Time Aside Toddler Group 10-11.30am
£1.50p per child, includes drink and snack.
Drop in Coffee 10-12pm Food Bank Collection Point
Thursday Coffee Morning at St Alban's 10-12pm
Friday Coffee Morning + Food Works 10-12.30pm
Food Bank Collection Point
Sunday Service 10.15am

Classes at Church of Christ

Monday Tai Chi (6-7.15pm) Contact: Margaret 07592440124 Thursday Tai Chi (2-3pm) Contact: Sandra 07860247052

<u>ESOL classes</u> Contact: faces@sheffield.gov.uk <u>Roshni classes</u> - Tel: 0114 2508898







Local Libraries

Tinsley Library

Tinsley Library is opening soon at Tinsley Forum! They are looking for volunteers to spare a few hours per week to help run the library. Contact Anne or Nusrat: anne@tinsleyforum.co.uk / tinsleylibrary@gmail.com, telephone 0114 2444 887

or pop into the Tinsley One Stop Shop on Tuesday, Wednesday or Thursday 10am - 2pm to find out more.



The children's section at Tinsley Library



Darnall Library

Join the library today and benefit from all the things libraries have to 回路部回 offer - and best of all, it's all free once you're a member. You can join online via our website

www.sheffield.gov.uk/home/libraries-archives.



Once you are a member, you will have access to a whole load of Library services including free use of our library computers to browse the internet, access to 1000s of eBooks, eMagazines and eAudio material via the Libby app and all free of charge. You can ask staff for more details or for help accessing the app.

- Why not come in to the library and use our free O2 Wi-Fi?
- Don't worry if the books you borrow are returned late as we have now got rid of fines, although we do ask that you try and return books on time or renew them so that other people can also have the pleasure of reading them.

Did you know you can use our photocopier, or we can print things off for you from your email or mobile phone? If you have lots to print, we ask if you can email things ahead to give us time to get them printed for you. The cost is only 10p per A4 page (or 50p if it's in colour).

There are lots of exciting activities and events happening at Darnall Library this summer, and they're all FREE. Please contact the Library for details or to book a place for your child. There are only limited places for most of these events so booking is essential. Tel: 0114 2037429

Librariessheffield

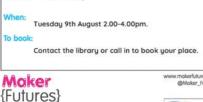
Gadgets & Gizmos **Family Workshop**

This summer Sheffield Libraries has teamed up with Maker{Futures} to bring you a playful family workshop which brings the Summer Reading Challenge 2022 - Gadgeteers - to life!



Join us to tinker, test and make with cardboard, electronics and other everyday resources to create your own gadgets & gizmos. s workshop is suitable for children aged app

ere: Darnall Library



Maker{Library}

Universit Of Sheffield

Darnall Library Events

Wednesday 17th August, 10.30-11.30am That Poetry Bloke, Craig Bradley is coming back to Sheffield!

Join Craig for a fun filled hour of songs, stories, poems, and lots of laughter! Suitable for children aged 5+ and their families.

Tuesday 23rd August, 10.30-12.30

Ignite Imaginations presents a creative craft session based on the Gadgeteers - Summer Reading Challenge theme of science. Suitable for children aged 7-11 years.

Tuesday 2nd August, 10.30-12.00

Road Safety Team Fun Filled and Interactive Activity. Suitable for children and families of all ages. Drop in session - no need to book









The Sheffield Eagles Heritage Project is a two-year project (2022-4) led by the Eagles Foundation and funded by the National Lottery Heritage Fund to collect, record and share the history of the Sheffield Eagles Rugby Football League Club, based in Attercliffe since 1990.

The project is not just focused on supporters of the Club, but also those interested in history, who live in the area or are just keen to be involved in

interesting projects and hear interesting stories. The project will research and share the key stories of the Club's 40 year history and how Attercliffe has changed over the time the Club has played there, involving volunteers in all elements of the project. This will result in a website, videos. podcasts, exhibitions and talks. You can find out more about the project by searching Eagles Heritage Project on Facebook or contacting Richard King, the heritage officer, using richard.king@eaglesfoundation.co.uk

The Public Involvement in Research Group (PIRG) is based at the Advanced Wellbeing Research Centre (AWRC), which is part of Sheffield Hallam University and located on Sheffield Olympic Legacy Park. Research at the AWRC focuses on physical activity and how their work can help people move more to improve health and wellbeing. The group was set up almost 2 years ago and is now well established. Its aim is to bring the lived experience into research, so the outcomes can hopefully go on to help the community and wider. We really want to increase the diversity within the group, so we get even greater public perspective from a range of ages, gender and ethnicity to help shape our research and feel we are getting input from a cross section of people from the local area. Anyone can be part of the group, there really is no experience required. The group meets quarterly virtually or at the AWRC, and feed back on research proposals and projects from their perspective (ad hoc). Contact us at awrcpirg@shu.ac.uk for more information.

Love Where You Live

If you love where you live, you can help to keep it tidy and safe for all, by:

- following 'Attercliffe Angels & Darnall Dazzlers Litter Pickers' on Facebook to support the work they do - or why not organise your own litter pick?
- reporting litter and fly-tipping to Sheffield City Council scan this code for direct access to the Council pages to report a problem with litter or to organise a litter pick in your neighbourhood.

Alternatively, you can find details online at:

https://www.sheffield.gov.uk/home/pollution-nuisance or call 0114 273 4567



If you're not sure what to put in which bin, scan this QR code to watch a helpful video!







Remember! Dropping litter or throwing it from a car is a criminal offence, which carries an instant fixed penalty notice. The fly-tipping of waste is a serious criminal offence; it carries a maximum penalty of an unlimited fine or up to five years' imprisonment.



Summer Support Sheffield IAPT

working together to improve your wellbeing

Sheffield IAPT (IAPT stands for 'Improving Access to Psychological Therapies'), is an NHS service that offers a range of free courses, as well as 1:1 talking therapies, for adults living in Sheffield who are experiencing problems with stress, anxiety symptoms or low mood. Please see our website and course list for more information: https://iaptsheffield.shsc.nhs.uk/

We are currently working virtually, which means offering assessments and treatments over the phone and over video calls. We are offering face to face appointments on an individual needsbased assessment.

We have lots of upcoming courses available including:

- o Urdu speaking low mood course Tuesday 19th July 10am
- o Managing stress Thursday 28th July 5.30pm
- o Living well with Fatigue Monday 8th August, 1pm
- o Living well with a long-term condition and low mood Tuesday 9th August 1pm
- o Living well with Long Term Pain Wednesday 10th August, 2pm
- o Managing Health Anxiety Thursday 18th August, 9.30am
- o Arabic speaking low mood course Tuesday 30th August 10am

How can I get help and book a place? There are two easy ways you can get help with the service. First, you can book an assessment by going to our website (<u>https://iaptsheffield.shsc.nhs.uk/</u>) and completing the online self-referral form. Or, you can telephone the IAPT admin team on (0114) 226 4380 and ask for an assessment to book onto a course. You can also discuss your wellbeing with your GP or Practice Nurse and they can help you access the service too.

Food Works Sheffield

Food Works run a hub 10am-3pm daily in

Handsworth - Unit 12-14 Portland Business Park, Richmond Park Road, S13 8HF. Market Boxes and Just Meals containing surplus foods are available here - pay what you can afford, with a minimum contribution

of £1.

Church of Christ in Darnall is a Partner Hub for Food Works Sheffield. Every Friday 10.30-12.30, you can go along and choose from a great selection of freshly prepared, frozen meals to take home. All meals £1 - made from surplus and locally sourced food.

More information about Food Works here: https://thefoodworks.org/ **Food Banks**

You must have a referral to access a Food Bank. Contact Darnall Well Being on 0114 249 6315 and we can refer you to Burngreave and Handsworth Food Banks.

Employment Freedom Project at Tinsley Methodist Church If you have a health condition and need help also runs a food bank. Contact: 07720 698532 / to find or stay in work, you may be eligible info@fcgroup.org.uk for Employment Support. Working Win now 2 Ingfield Avenue, S9 1WZ offer appointments at Darnall Primary Care Every Tuesday 9am-12pm Centre - get referred by your GP Services: foodbank, free psychotherapy or Darnall Well Being, sign up: counselling, debt advice, benefit advice https://www.workingwinreferrals.co.uk/ and housing advice. or call: Working Win 0114 2900 218. Website: www.freedom.charity Freedom accept self-referrals This newsletter was printed by (walk-in service) or DWB can refer you. www.jumpnorth.co.uk



Access to Food





