



# THE COMMUNITY CONNECTOR

A newsletter for people in Darnall, Tinsley, Attercliffe and Handsworth

## Hello!

Welcome to your latest Community Connector! As Spring brings brighter, warmer days, why not look for something new to do where you live? From singing to litter picking, crafting to walking – we've put together lots of stories and information about what's going on in the local area to inspire you to get involved. We always welcome new content; please get in touch if you have something you'd like us to share next time - we'd love to hear your views!

**Is there something you think we should cover next time?**



Community Orchard planting at Mather Road - more on p14

Please get in touch with your suggestions to: [communityconnectordarnall@gmail.com](mailto:communityconnectordarnall@gmail.com)

If you need a large print version of the newsletter, please contact us at the email address above, and we will provide one.

Waxaad ku soo Dhawaataan nuqulka qoraalka warsidaha ee soo baxay xiligan gu'ga. Waxaanu rajeyneynaa inaad ku faraxsantiin warbixinta ku saabsan waxqabadyada iyo caawimooyinka ka socda xaafada.

আমাদের নিউজলেটারের বসন্ত সংস্করণে স্বাগতম। আমরা আশা করি আপনি আমাদের স্থানীয় এলাকায় সকলের জন্য উপলব্ধ কার্যকলাপ এবং সমর্থন সম্পর্কে তথ্য উপভোগ করবেন!

Vítajte v jarnom vydaní nášho informačného letáku. Dúfame, že si užívate informácie týkajúce sa aktivít a podpory, ktoré sú dostupné pre všetkých v našej časti mesta.

ہم آپکو اپنے نیوز لیٹر (بہار ایڈیشن) میں خوش آمدید کہتے ہیں۔ ہمیں امید ہے کہ آپ اپنے مقامی علاقے کی سرگرمیوں اور تعاون جو ہم سب کے لیے دستیاب ہے، ان کے بارے میں پڑھ کر لطف اندوز ہوں گے۔

مرحباً بكم في إصدار الربيع من مجلتنا الفصلية. نأمل أن تستمتعوا بالمعلومات حول الأنشطة والدعم المتاح للجميع في منطقتنا!

This newsletter has been published and distributed thanks to funding from:



# Local Life

**Community Youth Services** continue to deliver open access Youth Club sessions in Darnall and Tinsley. Over the festive period, young people celebrated by having a sit-down meal in the youth club, with all the trimmings. The young people decorated the tables themselves and planned the celebration. It included pizza from a local takeaway, Christmas crackers, music and each young person received a present from Hallam FM Cash for Kids. With all that has been happening over the last year it was nice for us to still be able to come together and celebrate.



Making music at Youth Club

A small group of young people have also received funding from Yorkshire Youth Music to take part in a 13-week music project delivered by professional music teachers. The young people go to a professional music studio and learn/develop how to play musical instruments and produce beats. The Youth Club in Darnall is going from strength to strength, and we have new people joining all the time. In Tinsley we continue to deliver sessions with our partners from SWFC who deliver a weekly football session alongside the youth club. The coaches are great and have built good relationships with the young people that attend the youth club.

For any information, or if you would just like to find out more about Community Youth Services in your area, please contact Shelly Burrell: 07772900006/shelly.burrell@sheffield.gov.uk

## Darnall Education Centre Youth Club

Darnall Road, S9 5AF

Mon and Wed 6-8pm

## Tinsley Pavilion Youth Club

Norborough Rd, S9 1SG

Thurs 5-7pm

## Food Works Hub in Darnall

Church of Christ is a Partner Hub for Food Works Sheffield on Fridays 10.30-12.30. Check the Food Works website for the dates and times when you can go along and choose from a great selection of freshly prepared, frozen meals to take home. All meals £1 - made from surplus and locally sourced food.

More information about Food Works here: <https://thefoodworks.org/>



THE SOURCE

## The Source Skills Academy

Pre-apprenticeship programme for 16-18 years. Designed to enhance employability and confidence to progress into employment or apprenticeship. Ideal for those needing a bit more support in becoming work ready. What's involved:

1. 100 hours of high quality work placement and gain a real employer reference
2. Progression opportunities include employment or apprenticeship
3. Improve maths and English, if needed
4. Become work ready and employable
5. 18 week programme
6. Support with bursary applications and funded travel

<https://thesourceacademy.co.uk/traineeships>



## Good News Flash!

⚡ Roma International Day is on Friday 8th April, and a free Celebration Event is planned at Darnall Education Centre, 11am – 3pm. All welcome to come along and enjoy traditional music and food, plus dancing, smoothie making, art, sports and local support information!

# Local Life

## Tinsley Forum



Tinsley One Stop Shop, 120-126 Bawtry Road, Tinsley, Sheffield, S9 1UE  
Tel: 0114 244 4887 E-mail: [admin@tinsleyforum.co.uk](mailto:admin@tinsleyforum.co.uk)

### FREE EMPLOYMENT SUPPORT HELP AND ADVICE FOR WORK AND TRAINING BASED IN TINSLEY

Providing pathways to employment  
Brokering training provision  
Debt, benefit and financial advice  
Job matching  
CV workshops  
Mock interviews  
Work experience placements  
Training / skills tasters  
1:1 Individual Advice and Guidance  
Support into voluntary work

**TINSLEY SESSIONS:**  
**MONDAY, WEDNESDAY, THURSDAY**  
**TINSLEY ONE STOP SHOP**  
**120-126 BAWTRY ROAD,**  
**TINSLEY**  
**S9 1UE**  
**0114 2444887**

**POTENTIAL JOBS INCLUDE:**  
CLEANING  
CARE WORK  
ADMIN  
WAREHOUSE DRIVING  
SECURITY  
CALL CENTRES HOSPITALITY  
& MORE!!

**Do you need help to find a job?**

To find out more about sessions in TINSLEY,  
DARNALL or BURNGREAVE, please telephone us on:

ZAHEER: (0114) 2132307

ANNE: (0114) 2444887

or Email us:

[zaheerahmed@burngreaveworks.org.uk](mailto:zaheerahmed@burngreaveworks.org.uk)

[anne@tinsleyforum.co.uk](mailto:anne@tinsleyforum.co.uk)



**TINSLEY LIBRARY**  
IS LOOKING FOR VOLUNTEERS  
GOT A FEW HOURS SPARE? - COME AND VOLUNTEER



CONTACT NUSRAT OR SUE by email: [tinsleylibrary@gmail.com](mailto:tinsleylibrary@gmail.com)  
telephone 0114 2444887 or pop into the Tinsley One Stop Shop  
on Tuesday or Thursday between 10 am and 2pm to find out more

## SHEFFIELD'S SWEET ENOUGH

We all want our children to grow up happy and healthy. But eating too much sugar can start having an impact during pregnancy, before our children are even born.

Throughout childhood and into adulthood, if we eat too much sugar, this can put us at risk of developing tooth decay and certain health conditions, including obesity, diabetes and high blood pressure. There's lots of information about how to reduce sugar in your diet here:  
<https://darnallwellbeing.org.uk/publichealthevents/sheffield-is-sweet-enough/>



# Local Mosques

## Lifelong resident of Darnall, Shabir Aziz, shines a spotlight on Al Huda Academy - Ouseburn Croft, Darnall, S9

There are approximately 10 mosques in the Darnall & Attercliffe area - some of which have served the community for decades. What do you know about these mosques? We are grateful to be able to use this space to introduce you to some of these mosques, their functions, and their activities in the Darnall & Attercliffe communities.

Al-Huda Academy is a mosque and educational centre based in the heart of Darnall community at Ouseburn Croft. This Grade II listed building has a history that harks back to the era of Queen Victoria. It was first established as Hammerton Street School which was built in 1904 for the Sheffield School Board by local architect, WJ Hale. Built in honey-coloured stone, in the Arts and Crafts style, the school also has some baroque features.



Hammerton Street School 1904

During that time there were separate entrances for the girls and the boys - above the girls' entrance were written virtues like "purity, sincerity and modesty". Whilst the boys' entrance had things like "courage and chivalry". In 1995, it became a Listed Grade II building which meant it was a UK building or structure that was "of special interest, warranting every effort to preserve it". The school would later be known as Kettlebridge School named after a local blacksmith called John Kettle, whose workshops repaired tools for men building the Manchester, Sheffield and Lincolnshire railway line.

Kettlebridge School was a nursery school for 4-7-year-olds from 1977 - the school then closed in 1994. After 1994, it was used as a community centre for a few years until 1997, when a fire tragically damaged the building and forced its closure.



The Al-Huda Knowledge Plaque

This historic building, sadly, lay derelict and abandoned for at least a decade, until in 2008 it was purchased by the Madni Trust from Nottingham. The building was eventually painstakingly restored, according to listing requirements, to its current state and ran as both a mosque and secondary boarding school for boys.

In 2022, Al Huda Academy serves as a thriving community mosque and educational centre, focusing on a whole range of activities. It has a youth club, a women's hub, evening and weekend classes, social and educational events, and holds regular prayers and services, including the weekly Friday congregational prayer.



For the latest/updated activities please contact Al-Huda Academy on 07549 679492 or visit their Facebook page: <https://www.facebook.com/alhudamaktab/>

### Activities:

- Mother & Toddler Group - 10 -11am every Wednesday
- Monthly Social Gathering For Reverts/Converts - After Maghrib prayer - First Sunday of the month
- Kids Thai Fitness Training - Sundays - Age: 9-13 (10.30 - 11.30am). Age: 14-16 (11.45am - 12.45pm)
- Jum'uah (Friday) Congregational Prayers - 1st Congregation at 12.15pm. 2nd Congregation at 1.15pm.
- Evening Quran Classes (Maktab) for over 5yr olds - Every weekday at 5.00 pm.



Al-Huda Academy as it looks today

# Local Life

## Darnall Tenants and Residents Association (TARA) - update from Kinder Kalsi

### Thank You Fred Hobson

Our community of Darnall and Attercliffe sadly lost an important member on 12th December 2021. Fred was the heart and soul of Darnall TARA. He volunteered at Darnall TARA for over 20 years, helping out with local trips and issues in the community. He will leave a big gap in our community and will be sorely missed. We would like to pray for Christine, his wife, and their family for peace as they deal with the sudden loss of Fred.

Thank you Fred for all you have done for the people in Darnall and Sheffield. RIP



Fred Hobson

### Darnall TARA Trips for 2022

Here is the updated list of trips for 2022. If you would like to go, pop into the TARA office on Mondays between 10 and 12 to book your place, or call 0114 2212672.

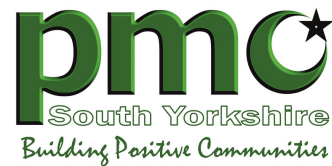
Sunday 8th May - Whitby

Wed 8th June - Mystery Trip

Sunday 7th Aug - Llandudno

Sat 8th Oct - Bury Market

Adults £10, Children £5, all trips leave at 8am



### PMC Women's Walks

PMC run regular, friendly group walks for women on Wednesdays in Darnall. Please contact Nighat if you would like to go along: 07436 917508



<https://www.facebook.com/pmccuk>



**Darnall Education & Sports Academy (DESA)** is a community organisation aiming to enhance the lives of the local residents through sporting activities and education. The fantastic projects that we currently deliver include:

- ☆ Kicks & Tricks FREE football sessions at Woodburn Road every Thursday, 7-8pm
- ☆ Multi sport session at EIS every Friday, 6-7pm
- ☆ Free cricket sessions at EIS every Friday, 7-8pm
- ☆ Badminton session at EIS every Friday, 8-9pm
- ☆ Women Zumba & badminton sessions at EIS on Fridays, 6-7pm and 7-8pm
- ☆ SATS & GCSEs tuition classes on Saturdays, 3-6pm at Starworks
- ☆ Youth Club at Starworks every Saturday, 7-9pm
- ☆ Kicks & Tricks football sessions at Woodburn Road every Sunday, 3pm-4pm



We plan to announce further projects in the near future and will keep you updated. For more information, please visit our our [Facebook](#), [Instagram](#) or [Twitter](#) pages.



## Darnall Community Gospel Choir DCGC



Everyone Welcome!

Darnall Community Gospel Choir would love to hear from you! Whether you normally sing or play an instrument or not, you are welcome to join us on Mondays 7-8pm, during term time. Please join us and share your love of music. Faith and language not a barrier. All welcome.



Darnall Community Gospel Choir in action

We meet at: Church of Jesus Christ Apostolic, 778 Prince of Wales Road, Darnall, S9 4EU  
Also via Zoom. For more information, please contact Hazel on 07752472486.

# Local Learning

## New adult learning activities in Darnall

FACES (Family Adult Community Education Service) are at Darnall Library from 12.30-2.30pm every Tuesday, delivering Family Learning activities, workshops, and short courses for parents/carers of children from birth to 11 years. You can enrol on our courses if you are aged 19 years and over, even if you haven't done any learning before. There is no upper age limit, so there's no excuse for grandparents not to attend!

At the Subud Centre we will continue to deliver courses that can support adults into work, such as Award in Childcare, Volunteer Skills and Health & Social Care all at Level 1. New courses start after Easter, so get in touch with us early if you want to register.



Family Learning Tutor Liz with some learner creations

What our Family Learning tutor Liz has to say: "Family Learning is about families learning together and developing a love of learning. It's about having fun and building confidence to try new things. In fact, family learning is about many things: it's about supporting the children in our families in their learning at school or at home so that they can achieve their full potential. We do everything in Family Learning, from art to sewing to nature activities to maths and English. It is a great way to boost your wellbeing, and the wellbeing of the whole family."

### Who can join?

Anyone aged 19+ and living in Sheffield can register for courses, even those that are working but earning less than £17,374.50 a year. We only have 10 learners per class, so tutors can support each and every learner to achieve and progress to achieve their learning goals. You will make lifelong friends on our courses and want to come back for more!

Email us: [faces@sheffield.gov.uk](mailto:faces@sheffield.gov.uk) Phone us: 0114 229 6144

### For more information and updates

Social media: Facebook (@FACESsheffield), Instagram (@f.a.c.e.s\_sheffield) or Twitter (@FACESsheffield) Padlet: [http://bit.ly/FACES\\_IAG](http://bit.ly/FACES_IAG) (type into your search bar and learn more about us) Newsletter: Subscribe to our newsletter by typing <https://bit.ly/3m7yw1G> into your search bar.



## SAVTE - Connecting People

### SAVTE Free English Conversation Classes

A chance to improve your English in welcoming and friendly groups for all.

**Monday** 10 - 11.30am Online Conversation Group

**Wednesday** 10am - 12pm English Conversation Group at Littledale, Bowden Wood Halsall (LBWH) Community Centre, 59 Mather Road, S9 4GP

**Friday** 9 - 11am English Conversation Group at Woodlands Community Hub, 83 Fisher Lane, S9 4RP

All sessions are for men and women aged 18+. No childcare provided.

For more information about any of these groups, please contact SAVTE:

Phone: 07593725990 or Email: [savte@savte.org.uk](mailto:savte@savte.org.uk)

<http://savte.org.uk/>

\*\*\*Coming soon - Tinsley Conversation Group, delivered by SAVTE and Darnall Well Being!\*\*\*



# Sheffield Olympic Legacy Park

[www.sheffieldolympiclegacypark.co.uk](http://www.sheffieldolympiclegacypark.co.uk)

Throughout 2022 we are marking the 10th anniversary of the London 2012 Olympic & Paralympic Games and celebrating Sheffield Olympic Legacy Park's role as the the country's leading legacy project outside the host city. On **Saturday 18 & Sunday 19 June** we are looking forward to hosting an **'Olympic Legacy in Action'** weekend - a community led health, wellbeing, sport & physical activity event - as part of **Move More Month**. Free taster sessions will be taking place at venues and facilities across the park and details of these will be shared soon on our website and social media channels. We would love to hear from local groups who would like to join in and deliver sessions to showcase activities available. We hope to create a local legacy from this event! For more information or to get involved contact [claire.fretwell@olympiclegacypark.co.uk](mailto:claire.fretwell@olympiclegacypark.co.uk)



@OLPSheffield



[sheffieldolympiclegacypark](https://www.instagram.com/sheffieldolympiclegacypark)



@sheffieldolympiclegacypark



## Sheffield Olympic Legacy Park junior parkrun

Every Sunday at 9am - FREE

2km walk, jog, or run for juniors aged 4-14

Register once before your first visit and bring your barcode every time you take part

Find out more :

[www.parkrun.org.uk/sheffieldolp-juniors/](http://www.parkrun.org.uk/sheffieldolp-juniors/)



## Good News Flash!

Darnall Well Being coordinated four Holiday Activities and Food sessions (sports and crafts) in Darnall and Tinsley during February half term week, in collaboration with local partners.

Ninety-one places were taken - all by local children on free school meals.

## Sheffield IAPT

working together to improve your wellbeing

### What is Sheffield IAPT?

Sheffield IAPT (IAPT stands for 'Improving Access to Psychological Therapies'), is an NHS service that offers a range of free courses, as well as 1:1 talking therapies, for adults living in Sheffield who are experiencing problems with stress, anxiety symptoms or low mood. Please see our website and course list for more information: <https://iaptsheffield.shsc.nhs.uk/>

We are currently working virtually, which means offering assessments and treatments over the phone and over video calls. We are offering face to face appointments on an individual needs-based assessment.

**We have lots of upcoming courses** available including:

- o Managing stress – Tuesday 29th March 5.30pm
- o Living well with a long term condition and anxiety - Tuesday 5th April 1pm
- o Urdu speaking anxiety course – Tuesday 26th April 10am
- o Living well with a long-term condition and low mood – Tuesday 17th May 1pm
- o First steps in mindfulness – Monday 9th May 5.30pm



How can I get help and book a place ? There are two easy ways you can get help with the service. First, you can book an assessment by going to our website (<https://iaptsheffield.shsc.nhs.uk/>) and completing the online self-referral form. Or, you can telephone the IAPT admin team on (0114) 226 4380 and ask for an assessment to book onto a course. You can also discuss your wellbeing with your GP or Practice Nurse and they can help you access the service too.

# Don't Hesitate, Vaccinate

Although Covid restrictions have been lifted in the UK, Covid is still circulating and it is still important that people are vaccinated against it, to protect the most vulnerable people in our communities.

Having two doses of the vaccine reduces the chance of getting Covid by around 20%, and having the booster reduces your chance by around 60%. Being vaccinated also reduces the severity of the illness if you do catch it. If you are unvaccinated, you are 3 times more likely to be hospitalised with Covid than those who are vaccinated.



For some people, Covid can cause symptoms that last weeks or months after the infection has gone. This is called Long Covid. Around 10,000 people in Sheffield have Long Covid, including plenty of young people. Recent research shows that the Covid vaccine reduces the risk of developing Long Covid, while current sufferers may experience an improvement in symptoms after getting jabbed.

It's not too late to get your first, second or booster vaccine. Vaccinations for people aged 12 and over can be booked online at [www.nhs.uk/coronavirus-vaccination](http://www.nhs.uk/coronavirus-vaccination) or by calling 119.



There are also a number of walk-in vaccination clinics across the city making it easy and convenient to get your vaccine. You can find out where the walk-in clinics are here <https://bit.ly/grabajabsheffield>.

## What is the JabCab?

Sheffield City Council are offering a taxi service to the vaccination site at Longley Lane. The free JabCab taxi service will take Sheffield residents to the vaccination centre for their jab. The centre does walk-ins or you can make an appointment and is open from 8am to 7pm. Call City Taxis on 0114 235 8997 and book, giving the code 'SCC vaccine'. Your trip there and back will be paid for by the Council. They will only pay for taxis to the Longley Lane vaccination site.

Sheffield residents can take a free taxi to get a Covid-19 vaccine at the Sheffield Vaccination Centre, Longley Lane, Sheffield S5 7JN. Your trip there and back will be paid for by Sheffield City Council.

Call City Taxis on 0114 235 8997 - Reference 'SCC vaccine'



## Don't let Measles, Mumps and Rubella into your child's world

Protect your child with both doses of the MMR vaccine. Book with your GP or find out more at [nhs.uk/MMR](http://nhs.uk/MMR)



**Vaccines are the number one defence against measles, mumps and rubella.**

Did you know around 1 in 10 children in the UK aren't vaccinated against measles, mumps or rubella? Vaccines are the best possible defence against these diseases. If in doubt, check your child's red book to make sure they are protected.





# Vaccine Information - Translated

## Urdu

اگرچہ برطانیہ میں کووڈ کی پابندیاں ہٹا دی گئی ہیں، لیکن کووڈ اب بھی گردش کر رہا ہے اور یہ اب بھی ضروری ہے کہ لوگ ویکسین لگوائیں تاکہ ہمارے علاقے (کمیونٹیز) میں جن لوگوں کو سب سے زیادہ خطرہ ہے ان کی حفاظت کی جا سکے۔ اگر آپ کو کووڈ ہو جاتا ہے تو ویکسین لگوانے سے بیماری کی شدت کم ہوجاتی ہے۔ اب بھی پہلی، دوسری یا بوسٹر ویکسین لگوانے میں زیادہ دیر نہیں ہونی ہے۔ 12 سال یا اس سے زیادہ عمر کے لوگوں کے لیے ویکسینیشن آن لائن بک کرائی جا سکتی ہے۔

[www.nhs.uk/coronavirus-vaccination](http://www.nhs.uk/coronavirus-vaccination)

یا 119 پر کال کریں۔

شہر بھر میں متعدد واک ان ویکسینیشن کلینکس (مراکز) بھی ہیں، جہاں آپ ویکسین آسانی سے لگوا سکتے ہیں۔ آپ نیچے دئیے گئے لنک پر جا کر واک ان کلینک تلاش کر سکتے ہیں۔

<https://bit.ly/grabajabsheffield>

In kastoo laga qaadey xayiraadii cudurka Covid U.K, hadana weli wuu jiraa covid kii waana in ay dadku qaataan talaalada difaacaya xanuunkaa. Kaas oo aad u caawinaaya dadka jilicsan ee jaaliyada. Hadii aad talaalantey waxay kaa yareyneysaa cuduro badan hadii uu kugu dhaco covid ku.

Weli habsan kama tihid inaad qaadato talaalka kowaad. labaad iyo Booster ka Talaalka dadka da'doodu tahay 12 iyo ka weyn waxay ka qaadan karaan talaalka halkan at [www.nhs.uk/coronavirus-vaccination](http://www.nhs.uk/coronavirus-vaccination) ama waxay wici karaan 119.

## Somali

Waxa kale oo jira xarumo dhawr ah oo ku yaala magaalada dhinac kasta oo la tegi karo bilaa balan.

Sida ugu fudud ama ugu haboon eed ku heli karto talaalka waa inaad halkan ka eegto xarumaa bilaa balanka ah <https://bit.ly/grabajabsheffield>.

## Arabic

على الرغم من رفع قيود كوفيد في المملكة المتحدة ، إلا أنه لا يزال كوفيد منتشرًا ومن المهم أن يتم تطعيم الناس ضدّه لحماية الأشخاص الأكثر ضعفاً (الأكثر خطورة في إمكانية الإصابة به) في مجتمعاتنا. التطعيم يقلل من شدة المرض إذا أصبت بـ كوفيد.

لم يفتح الأوان بعد للحصول على اللقاح الأول، الثاني أو المعزز. يمكن حجز التطعيم للأشخاص الذين تزيد أعمارهم عن ١٢ عاماً عن طريق الاتصال بالرقم ١١٩ أو عبر الإنترنت

<http://www.nhs.uk/coronavirus-vaccination>

يوجد أيضا عدد من عيادات التطعيم في جميع أنحاء المدينة، مما يجعل الحصول على لقاحك أمرا سهلا ومريحا. يمكنك معرفة مكان عيادات اللقاحات من خلال زيارة الموقع التالي

<https://bit.ly/grabajabsheffield>

## Bengali

যদিও যুক্তরাজ্যে কোভিড বিধিনিষেধ প্রত্যাহার করা হয়েছে, কোভিড এখনও প্রচার করছে এবং এটি এখনও গুরুত্বপূর্ণ যে আমাদের সম্প্রদায়ের সবচেয়ে দুর্বল লোকদের রক্ষা করার জন্য এটির বিরুদ্ধে টিকা দেওয়া হয়েছে। আপনি যদি কোভিড-এ আক্রান্ত হন তাহলে টিকা দেওয়া হলে অসুস্থতার তীব্রতা কমে যায়।

আপনার প্রথম, দ্বিতীয় বা বুস্টার ভ্যাকসিন পেতে খুব বেশি দেরি নেই। 119 নম্বরে কল করে 12 বছর বা তার বেশি বয়সের লোকদের টিকা অনলাইনে বুক করা যেতে পারে [www.nhs.uk/coronavirus-vaccination](http://www.nhs.uk/coronavirus-vaccination)

এছাড়াও শহর জুড়ে বেশ কয়েকটি ওয়াক-ইন ভ্যাকসিনেশন ক্লিনিক রয়েছে, যা আপনার টিকা নেওয়া সহজ এবং সুবিধাজনক করে তোলে। আপনি এখানে ওয়াক-ইন ক্লিনিকগুলি কোথায় রয়েছে তা জানতে পারেন

<https://bit.ly/grabajabsheffield>

## Czech

Napriek tomu, že v Anglicku už boli zrušené všetky protipandemické opatrenia, Covid je tu ešte stále medzi nami a je preto veľmi dôležité, aby boli ľudia proti vírusu zaočkovaní, aby sme tak mohli chrániť aj tých najzraniteľnejších v našich komunitách. Zaočkovanosť znižuje vážnosť choroby v prípade nákazy.

Stále nie je neskoro dať sa zaočkovať prvou, druhou alebo posilňujúcou (booster) vakcínou. Termín na očkovanie pre ľudí starších ako 12 rokov si môžete urobiť online cez link: [www.nhs.uk/coronavirus-vaccination](http://www.nhs.uk/coronavirus-vaccination) alebo telefonicky na linke 119.

Po celom meste je takisto množstvo walk-in kliník (kde nie je potrebné si vopred objednať termín), vďaka ktorým je prístup k očkovaniu jednoduchý a pohodlný. Kliknutím na tento link sa môžete pozrieť, kde všade sa kliniky nachádzajú:

<https://bit.ly/grabajabsheffield>

# Darnall Well Being



## Our current in person group activities:

**Mondays** 11am Health Walk - friendly group walk in High Hazels Park

**Mondays** 1-3pm Dementia Cafe with language support in Darnall (monthly)

**Tuesdays** 1pm Women's Health Walk - monthly walks from Oasis Don Valley Academy

**Wednesdays** 1-3pm, Making Memories Dementia Cafe in Handsworth (fortnightly)

**Thursdays** 10am Women Only Walk (Tinsley) - walk from Tinsley Meadows School

**Thursdays** 12-2pm Men's Health Group in Darnall (monthly)

**Thursdays** 1-2pm Chairobics - women only sessions at Tinsley Forum

**Fridays** 10am-1pm Darnall Allotment Project - Grow plants, grow relationships and grow confidence. At Infield Lane Allotments

**Fridays** 1-3pm Craft Group in Darnall

**Online Activities** - We're continuing to run Chairobics for women and Carers group online, too. If you'd like to join in with either of them, please contact us for more details.

**Please register in advance for all our face to face activities.**

Phone: 0114 249 6315 Email: [dwb.enquiries@darnallwellbeing.org.uk](mailto:dwb.enquiries@darnallwellbeing.org.uk)

Or check out our website for more details: [www.darnallwellbeing.org.uk](http://www.darnallwellbeing.org.uk)



## Making Memories Dementia Cafe Is Back!

We are delighted to be back delivering our Dementia Cafes in person at St Mary's Community Hub in Handsworth. We're also excited to be launching *another* Dementia Cafe at Living Waters Church in Darnall on 21st March - this one will offer community language support, too!

We have a full and interesting themed programme planned for forthcoming sessions, including a Queen's Jubilee Tea Party, Easter Cap and Hat Parade, summer trip, Historical Society visit reminiscing about 'Old Handsworth and Darnall' and a Musical Tea Party, to name just a few. Just look what some recent attendees have to say about the cafe and the support it offers:

"It's so good to be back here meeting again, it's my favourite place to go to. We have such fun and laugh, and everyone involved is so friendly and welcoming. I would recommend this to anyone!"



Christmas fun at Making Memories

"Welcome and cared for, are the words I would say are written through the heart of this group - it's just like coming home to family!"

So, should you wish to join us or pop in for a cuppa, please call Jo on 07495549829 to book your place.

## Coming Up from Darnall Well Being...

- **Women's Fun Football activity sessions** in Darnall and Tinsley starting in March, working with Sheffield and Hallamshire County FA
- **Sports activity taster sessions** starting in May, in partnership with Move More Empowered communities project and English Institute of Sports
- **Green Social prescribing walks** starting in April with funding from South Yorkshire and Bassetlaw Green Social Prescribing. We will work in partnership with Peak District Engagement Rangers to lead walks in the Peak District, plus walks in different parks around South Yorkshire.
- **Tinsley Women's Activity day** planned for May to include group walk, football and chairobics.

# Local Life



Galeed House

## Galeed House Birthday!

In 2022, Galeed House is celebrating 21 years of serving the diverse community of Darnall. Galeed means "a place of meeting" and the vision of those who founded Galeed, and those who continue to work there, has always been to build bridges of friendship between all the various communities of Darnall, to break down barriers of misunderstanding or even hostility, to promote friendship and understanding, and to share faith stories. Our activities from Kids' club to Ladies' sewing to Men's

and Women's English classes are all open to every section of the community. Galeed House is a place to find welcome and friendship, advice and support. There will be celebrations at all the various activities in the last week in April and supporters and former volunteers from far and wide will be coming together to celebrate the work in Darnall over the last 21 years. More information about all our activities are on our website [www.galeedhouse.org.uk](http://www.galeedhouse.org.uk) or you can text 07710 671175



Children from Bethany School litter picking in Darnall



## Bethany School support a community litter pick around Galeed House

15 children from Bethany School in Netherthorpe used their community service afternoon to visit Galeed House, and spent an hour with their parents litter picking in the surrounding streets. They worked very hard and gathered 21 black sacks of rubbish in that short time! They were rewarded with a drink and biscuits, and learned more about the work of Galeed House in the Darnall community.

**Tinsley Community Allotment** have started weekly open sessions again. These are for anyone who wants to come along, on Fridays, 1 – 3pm. You can help us with gardening, or sit and enjoy the green space. We have a range of jobs to do – sowing seeds, weeding, watering, and later in the year there will be crops to harvest. Just call in when we are open and we can show you around.



We are also running a toddler group on Thursdays, 9:30 – 11am in term time. This is open to anyone with pre-school children. We have a digging pit, a musical wall and a reading den. It's a great opportunity to play outside and meet other children and their carers.

You can get in touch with us through [Facebook](#), [Twitter](#) or by email on [tinsleyallotment@gmail.com](mailto:tinsleyallotment@gmail.com).

We look forward to seeing lots of new faces this year!





**Pre-school Allotment Sessions**  
For children aged 0 – 5 years with their parent/carer  
**At Tinsley Community Allotment**  
(120 Bawtry Road, Behind Tinsley Forum)  
Working with Manor and Castle Development Trust

 Watering	 Snacks & Drink	 Art & crafts
 Planting	 Music	 Digging

**Thursdays 9.30 – 11.00 in term time**  
Facebook: [Tinsley Community Allotment](#) or Twitter: [@TCallotment](#)  
Or send your contact details to [tinsleyallotment@gmail.com](mailto:tinsleyallotment@gmail.com)



# Local Churches

Happy Easter from St Albans Christian Community, 20 Chapelwood Road, S9 5AY

## St Albans House Christian Community

As a Christian, Easter is an important time of the year – where we remember Jesus' death and resurrection, and all that this means for us in our daily lives. Easter is a time of celebrating life, renewed hope and the eternal promise of God's presence in the world.

Easter eggs are often shared as part of Easter celebrations, as they symbolise new life. So this year, we will be hiding Easter egg shapes around some of the parks and spaces in the area. Why not see which ones you can find? They will have some questions about spring and hope, to ponder. And on Easter weekend, we will be out and about giving out eggs and activity packs for children – so keep an eye out and ask us for a pack.

## Sunday Meal

We have a meal each week at St Albans Church, which is open to anyone who would like to join us – each Sunday at 1pm, everyone is welcome. Let us know if you are coming – phone Kinder on 07787 578720 or contact us through social media @attercliffecofm. And for Easter, we will have a special meal to celebrate - you would be very welcome.



## St Albans Toddler Group

Our Toddler Fun Time, which happens every Thursday morning, will keep going through the school holidays – children with a grown-up, can come along to play, hear the Easter story and join in singing – check out our social media @attercliffecofm for more details.



## St Mary's Church, Handsworth



St Mary's Community Garden Allotment is located behind St Marys Church on Handsworth Road, with access via the Old Rectory car park. We welcome all in the community to join us to learn new skills, to grow and share produce, meet friends and exercise outdoors. We meet every Tuesday 12 – 4pm, and other times for keen volunteers. No experience is necessary, and tools will be provided. Follow us on Facebook for more information.



St Mary's Community Hub Social Cafe is held weekly on a Tuesday morning 10 – 11.30am. Everyone is welcome to join us, to make new friends and hear our visiting speakers. We are especially looking to welcome those who feel isolated, lonely or looking to build their self-confidence, as we emerge from the pandemic. Enjoy a hot drink and cake - £1 per session. For further information, contact Alison at [alison.c.powell@outlook.com](mailto:alison.c.powell@outlook.com) or call 0114 2692403.

St Mary's Community Hub



Social Cafe

## Church of Christ in Darnall and St Alban's Festival Church

**Church of Christ**, Station Rd, Darnall, Sheffield S9 4JT. Contact: 0114 272 6009.

Follow us on Facebook: <https://www.facebook.com/churchofchristindarnall/>

**St Alban's Festival Church**, 20 Chapel Wood Road, S9 5AY. Contact: 0114 2490779.

Follow us on Facebook: <https://www.facebook.com/StAlbanssheffield/>



**Monday** Sisterhood 2:15pm to 3pm \*fortnightly\*

**Tuesday** Prayers (1.30pm), Bible Study (2-3pm)

**Wednesday** Time Aside Toddler Group (10-11.30am)  
£1.50p per child, includes drink and snack.

Drop in Coffee (10-12pm)

**Thursday** Coffee Morning at St Alban's (10-12pm)

**Friday** Coffee Morning + Food Works (10-12.30pm)

\*Food Bank Collection Point\*

**Sunday** Service (10.15am)



## Classes at Church of Christ

**Monday** Tai Chi (6-7.15pm)

Contact: Margaret 07592440124

**Thursday** Tai Chi (2-3pm)

Contact: Sandra 07860247052

ESOL classes Contact: [faces@sheffield.gov.uk](mailto:faces@sheffield.gov.uk)

Roshni classes - Tel: 0114 2508898



# Local Life

## Darnall Allotment Project

Spring is finally with us and, at the allotment, we are busy sowing seeds. Our winter crops have hung on in through the storms, with netted cages that are supposed to be protecting our broccoli frequently blowing around the plot. Sadly a piece of flying debris went through the polytunnel, making two holes, but we have fixed them and calm has finally returned.



Seedlings coming to life



Allotment life



We are planting potatoes, salads, parsnips, beans, sweetcorn, cabbages, squash and more! The oriental greens in the polytunnel are finishing now, and soon it will be full of tomatoes, peppers, cucumbers, aubergine, melons and, hopefully, a loofah plant.



We are on the plot every Friday, 10am – 1pm and we would love you to join us! If you are interested in getting involved, or just having a look around, no experience is needed.

Complete our online form <https://forms.gle/QYvZK52EjJgnQLKA>

Or contact us at [darnallallotmentproj@gmail.com](mailto:darnallallotmentproj@gmail.com) / 07415 025919

You can also follow us on: <https://www.facebook.com/darnallallotmentproject>

<https://www.instagram.com/darnall.allotment/>



## Catcliffe Morrisons Community Champions - Emma and Caroline

We have been really busy over the last few months here at Morrisons Catcliffe. Before Christmas, we launched our Giving Tree initiative. The idea was that customers could purchase a “bauble” to the value of £1, £2 or £5 which would then be donated in vouchers to a local food bank charity. We chose two beneficiaries, Darnall Well Being and Tinsley Forum, and we are so proud to say that we managed to raise a massive £6,120 in total, which was the second highest amount of all the Morrisons stores! That money has now been given out in vouchers ready for both organisations to purchase food or homeware for those most in need in our communities. Thank you to all our customers for their amazing generosity.



Giving Tree baubles

We are now looking ahead to Easter and would welcome any donations of Easter eggs that we can pass on to be distributed locally.

**Manor Darnall Health Visiting Team** who cover Manor, Arbourthorne, Darnall and Tinsley can be contacted for advice and support on 0114 3053224 option 2. We can also put you in touch with the school nursing team and the number is the same – 0114 3053224.

Below is a link to the Sheffield Children’s Hospital health visiting 0-19 service web page where you can learn more about our service and the support we can offer to you and your family. Health visitors usually work with children aged 0-5 and school nurses work with children aged 5-19.

<https://www.sheffieldchildrens.nhs.uk/services/health-visiting/>



The health visitors are currently running clinics in your area. PLEASE NOTE they are appointment only, so please call and book if you need to see a health visitor - call 0114 3053224 option 2.

We also have a duty health visitor who covers the phone lines Monday – Friday 9am-5pm, so you can call and speak to a health visitor who can offer advice over the phone.

# Good News Stories

Thanks to funding from Cycling UK, Darnall Well Being held 4 bike maintenance sessions for women in Tinsley in February, attended by 12 women from Darnall, Tinsley and Handsworth.

All participants received some tools and learned how to fix a puncture, change a tyre, change brake pads, and maintain a clean bike – using the right tools and materials.



Working together in unity in Darnall - the Darnall knitting group that meets at Darnall TARA offices knitted clothes for babies, including premature ones. These



were given to Church of Christ, who then gave some to Baby Basics, and the rest to the Jessop Wing Maternity Unit.

Littledale Bowden Wood Halsall TARA have been supported by Sheffield City Council Community Forestry team to plant a new orchard of 18 fruit trees in Mather Road Park. Members of the TARA were joined by local residents, Sheffield's Good Gym and local councillors Mary Lea and Zahira Naz to plant 18 fruit trees, including apples, pears, cherries and plums.

The new orchard was instigated by the Littledale Bowden Wood Halsall TARA, wanting to create a local free resource of fruit and to improve an unused part of the park. Sajid Ghafur, the chair of the group said, "We were delighted that so many people came out to help with the planting, including our local councillors. The trees will benefit the local community for generations and help combat the effects of climate change and impact this has on wildlife".

The orchard is part of wider plans for the park; the TARA and community forestry team will run workshops over the next year, developing and nurturing the new orchard. If you would like to be involved get in touch with the TARA or with Community Forestry Development Officer Ella:

Ella.perkins@sheffield.gov.uk



Community tree planting

**Stop. Think. Plan B not A+E.**

## Need access to Urgent Care?

### Self-care

A lot of illnesses or symptoms can be treated at home with rest and a well-stocked medicine cabinet including:

- Coughs & colds
- Sore throats
- Upset stomachs
- Aches & pains.

Open: Always



### GP

Before you make an appointment with your GP consider other services that might be able to help.

A GP can help if you have an illness or injury that won't go away, such as:

- Vomiting
- Ear pain
- Backache.

Open: Visit our website for local GP hours

Please note to reduce the spread of covid-19 you may be offered a telephone or video appointment if you need to see a GP or nurse.



### Walk-in centre

Just walk in and wait, you don't need to be registered and you can see a nurse/practitioner for a range of minor illnesses:

- Severe sore throats
- Rashes
- Infections
- Sudden worsening of long term conditions.

Open: 8am-10pm 365 days a year



### Pharmacy

Pharmacists are trained medical professionals qualified to offer advice on a range of common illnesses and minor ailments such as:

- Cold & flu
- Chicken pox
- Upset stomachs
- Insect bites & stings.

Open: Visit our website for opening times



### GP Hub

Open outside of your usual GP surgery hours, Hub appointments are available for routine or urgent care.

You can book appointments for these services through your usual GP practice or by contacting 111 when your GP practice is closed.

Open: Evenings and weekends 365 days a year



### Minor Injuries Unit

Provides treatment for adults (over 16) for non-life threatening injuries or illnesses, such as:

- Sprains and strains
- Wound infections
- Minor burns and scalds
- Insect and animal bites
- Rib injuries.

Open: 8am-8pm 365 days a year



For more information visit: [sheffieldurgentcare.co.uk](http://sheffieldurgentcare.co.uk)

# Love Where You Live



## Litter picking

In the recent Local Area Committee survey, residents all across the Darnall Ward have said they are fed up of the litter and fly-tipping in their neighbourhoods and want to see real change. Activists in the area created a new Environment Group and meet regularly to address issues with the assistance of Sheffield City Council. They have launched the 'S9 Love Where You Live' campaign and organise litter picks, encourage reporting and make recommendations for change. Together, there are real concerted efforts to

make a positive impact. If you'd like to get involved with the group please contact Kinder Kalsi: Kinder.Kalsi@churcharmy.org.

If you love where you live, you can also help by:

- speaking to friends and neighbours to promote the campaign and encourage everyone to dispose of their waste properly.
- following 'Attercliffe Angels & Darnall Dazzlers Litter Pickers' on Facebook to support the work they do - or why not organise your own litter pick?
- **reporting litter and fly-tipping** to Sheffield City Council - scan this code for direct access to the Council pages to report a problem with litter or to organise a litter pick in your neighbourhood.



Alternatively you can find details online at <https://www.sheffield.gov.uk/home/pollution-nuisance> or call 0114 273 4567

**Remember!** It is a criminal offence to drop litter or throw it from a car which carries an instant £80 fine. Fly-tipping offenders risk prosecution. The fly-tipping of waste is a serious criminal offence, it carries a maximum penalty of an unlimited fine or up to five years imprisonment.

## How to make sure your bins are emptied

When using your bins, please be aware that:

- your bins can't be emptied if they are too heavy or if they are over-full and the lid isn't closed properly.
- you should not put extra waste or recycling next to your black or brown bin as this will not be taken.
- you can put extra paper and card out for collection next to your blue bin. Just make sure it is neatly tied with string and is no bigger than your blue bin.
- your recycling cannot be mixed together in the same container. Paper and card need to go in your blue bin. Glass bottles and jars, tins, cans and plastic bottles need to go in your brown bin.
- recycling should be placed loose inside your recycling bins - no plastic bags.
- we can only accept plastic bottles (with your glass and cans) in your brown bin. If your bin contains other plastic items it may not be emptied.



## Other Waste

For all other waste, your closest Household Waste Recycling Centres are on Beighton Road in Woodhouse and Longley Avenue West in Shirecliffe. Opening Hours Monday to Friday 9.30am to 3.30pm (Beighton Road closed Tues).

Alternatively, arrange a **Bulky Waste Collection** by calling 0114 273 4567 (Sheffield Housing tenants and some housing associations have free collections)

Price (including VAT) per number of bulky items

1 to 3 = £23.50, 4 to 6 = £39.50, 7 to 9 = £55.50, 10 to 12 = £70.10

# Springtime Support

## FREE EMPLOYMENT SUPPORT HELP AND ADVICE FOR WORK AND TRAINING BASED IN DARNALL

Providing pathways to employment  
Brokering training provision  
Debt, benefit and financial advice  
Job matching  
CV workshops  
Mock interviews  
Work experience placements  
Training / skills tasters  
1:1 Individual Advice and Guidance  
Support into voluntary work

### DARNALL SESSIONS: EVERY TUESDAY

Starting 8th of February 2022  
10 am to 12pm at LBWH Community  
Centre - 59 Mather Road, S9 4GP  
1pm to 3pm at the Portacabin at  
Star Works, Darnall Road, S9 5AF

POTENTIAL JOBS INCLUDE:  
CLEANING  
CARE WORK  
ADMIN  
WAREHOUSE DRIVING  
SECURITY  
CALL CENTRES HOSPITALITY  
& MORE!!

**Do you need help to find a job?**

To find out more about sessions in DARNALL,  
BURNGREAVE or TINSLEY, please telephone us on:

ZAHEER: (0114) 2132307

ANNE: (0114) 2444887

or Email us:

zaheerahmed@burngreaveworks.org.uk

anne@tinsleyforum.co.uk



### Access to Food

#### Food Banks

You must have a referral to access a Food Bank. Contact Darnall Well Being on 0114 249 6315 and we can refer you to Burngreave and Handsworth Food Banks.

#### Food Works Sheffield

Food Works run a hub 10am-3pm daily in Handsworth - Unit 12-14 Portland Business Park, Richmond Park Road, S13 8HF. Market Boxes and Just Meals containing surplus foods are available on a pay what you can afford basis, with a minimum contribution of £1.



#### Employment

If you have a health condition and need help to find or stay in work, you may be eligible for Employment Support. Sign-up: <https://www.workingwinreferrals.co.uk/> or call: Working Win 0114 2900 218

This newsletter was printed by  
[www.jumpnorth.co.uk](http://www.jumpnorth.co.uk)

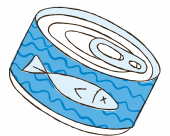
**Freedom Project** at Tinsley Methodist church also runs a food bank. Contact: 07720 698532 or [info@fcgroup.org.uk](mailto:info@fcgroup.org.uk)

2 Ingfield Avenue, S9 1WZ  
Every Tuesday 9am-12pm

Services: foodbank, free psychotherapy counselling, debt advice, benefit advice and housing advice.

Website: [www.freedom.charity](http://www.freedom.charity)

Freedom accept self-referrals (walk-in service) or DWB can refer you.



#### South Yorkshire Police

Officers from the Darnall and Tinsley Neighbourhood Team are here to keep you safe. They can be reached on 0114 296 4014 or [Sheffield\\_Neighbourhoods\\_SouthEast\\_Darnall@southyorks.pnn.police.uk](mailto:Sheffield_Neighbourhoods_SouthEast_Darnall@southyorks.pnn.police.uk)

**If you are reporting a crime, please ring 101, or 999 if it is an emergency. Please stay safe, and look after each other.**