

Tackling the myths of Covid-19 vaccine

Get vaccinated
and help
develop
immunity in
the community

Don't
Hesitate,
Vaccinate

COVID-19
Coronavirus

لا تتردد في التلقيح

Ha ka Shakiyin Talaalka

دیر نہ کریں ویکسین لیں

Myth

If I decide not to take the vaccine,
it does not affect others.

Truth

Your decisions don't just impact you but
affect everyone, especially the most
vulnerable and sick.

Myth

Vaccines contain pork or other animal
derivatives.

Truth

There are no pork or other animal
ingredients in the current available vaccines.

Myth

You don't need vaccination if you already
had COVID.

Truth

We do not know how long protection remains
after COVID infection, therefore having the
vaccine is advised.

Vaccine helpline available in English and community languages

Israac Somali Community Association

☎ 0114 278 7662 (Somali)

Firvale Community Hub

☎ 0114 261 9130 (Urdu/Punjabi)

Aspiring Communities Together (ACT)

☎ 0114 243 4340 (Arabic)

Pakistan Muslim Centre (PMC)

☎ 0114 243 6091 (Urdu/Punjabi)

SADACCA

☎ 0114 275 3479

For Yourself

لنفسك

Adiga Naftaada

اپنے لئے

For Your Family

من اجل لعيلتك

Adiga Qoyskaaga

آپ کے خاندان کے لئے

For Your Community

من اجل لمجتمعك

Adiga Bulshadaada

آپ کی کمیونٹی کے لئے

Some Black, Asian and
Minority Ethnic communities
are hesitant to be Vaccinated.



Building defences against COVID-19 in your community
is a team effort. And YOU are a key part of that defence.

Why get vaccinated?

Vaccination factfile

Tackling the myths of Covid-19 vaccine

 **Protect Yourself**

 **Protect Your Family**

 **Protect Your Community**



The vaccine is safe and effective - it has been rigorously tested by the regulator before issuing a licence.

Millions of people in the UK from all ethnic backgrounds have been given a COVID vaccine, side effects have been very rare.

Like all medicines, vaccines can cause side effects. Most are mild and short-term, and not everyone gets them. Even if you do have symptoms after the first dose, you still need to have the second dose.

The benefits of the vaccine in combating the still widespread threat of COVID-19 continue to outweigh the risk of side effect.

Although you may get some protection from the first dose, having the full recommended course will give you the best protection against the virus.

Even after being vaccinated, there is a chance coronavirus can be spread, it is still vital to continue following the guidance in order to protect others.

Myth

The vaccine may modify your DNA.

Truth

There is no way that it can change the DNA of anyone.

Myth

There's no point getting vaccinated due to new COVID strains.

Truth

There is currently no evidence to suggest that the vaccines will not protect against the new strains.

Myth

Vaccines contain alcohol & therefore are impermissible.

Truth

The Oxford AZ Vaccine contains ethanol at an amount that is less than what is found in natural foods or bread.